

The Upper Valley..... A Special Place

The Upper Valley Region is a special place for those of us who know it, but where is it and what makes it special? In general the Upper Valley is a geographical area which stretches along each side of the Connecticut River in central New Hampshire and Vermont. The river separates the two states, but it is also a bond between them. The region includes a variety of topography from the foothills of New Hampshire's White Mountains and the Green Mountains of Vermont to the rolling agricultural land along the Connecticut. The Upper Valley is approximately two hours from Boston, four and a half hours from New York City, and three hours from Montreal. New Hampshire's state capital, Concord, is about an hour away as is Montpelier, the capital of Vermont. Vermont's largest city is Burlington, which is one and a half hours away; it takes about the same time to get to Manchester, New Hampshire's largest city.

The geographical center of the Upper Valley is Hanover/Lebanon on the New Hampshire side and Hartford/Norwich in Vermont. Hanover is home to Dartmouth College, one of the Ivies and the ninth oldest college in the nation. In Lebanon, on the edge of the Hanover/Lebanon city line is the new Dartmouth Hitchcock Medical Center. Lebanon is a retail/commercial and light industry center supported by a commercial airport. On the Vermont side, the town of Hartford is the crossroads of Interstates 89 & 91, which leads north-south and east-west. Passenger service by Amtrak's "The Vermonter" makes daily stops in Whiter River Jct, VT. Norwich, just north of White River Jct., is a charming New England community, which maintains its own special character while enjoying interrelationships with Hanover and other communities. Norwich and Hanover make up the Dresden School District, the first inter-state school district in the nation, created in 1963, which includes the Richmond Middle School and Hanover High School.

Some people might think of the area as "isolated northern woods." Yes, there are a lot of woodlands and conservation, and the wise use of our forests, open meadows, hillsides, and waterways is very important. The Upper Valley is readily accessible in any season by train, plane, bus, and automobile on well-maintained roads and interstate highways (the snow crews are terrific). Some visitors actually hike here via the Appalachian Trail, which runs from Maine to Georgia and meanders through Hanover, up and down Main Street (business district) and crosses the Connecticut River into Norwich. Commercial air service is available to and from New York; a regional bus transportation system, Advance Transit, serves the area as well. Vermont Transit (Greyhound) provides service to major metro areas including Boston, New York City and Montreal.

Beyond the central geographical core of the Upper Valley is an array of distinctive communities and villages. One of the special qualities of the area is the combination of micro-urban environments with quiet, rural hamlets and open spaces only minutes apart. There are lifestyle choices from rural living to in-town convenience, from larger communities to small villages, from farm and horse country to resort and recreational communities.

The economy in the Upper Valley is robust. Major employers include Dartmouth College, Dartmouth-Hitchcock Medical Center, the U.S. Army Corps of Engineers' Cold Regions Research & Engineering Lab (CRREL), and a number of research and development and light manufacturing companies that provide a stable foundation for employment and commerce. Biomedical, engineering and computer software research and development firms continue to emerge. The unemployment rate in the region has been consistently low in both states.

Medical services in the Upper Valley are comprehensive. Just minutes from the Dartmouth campus and downtown Hanover and Lebanon is the Dartmouth-Hitchcock Medical Center (DHMC). This medical center includes the 429-bed Mary Hitchcock Memorial Hospital, the Dartmouth-Hitchcock Clinic (multi-specialty group practice of over 350 staffed physicians), the Norris Cotton Cancer Center (one of 28 comprehensive cancer research and treatment facilities in the country), Dartmouth Medical School, and a 22-bed Veterans Administrative Hospital located in White River Jct. The Alice Peck day Memorial Hospital (APD) in Lebanon is a 32-bed acute care community hospital with a 50 bed nursing home. With over 60 physicians on staff, APD offers personalized care in a home-like environment. Other community hospitals within the general region include Mt. Ascutney Hospital and Health Care in Windsor, VT. There are also individual and group family practices as well as the Good Neighbor Health Clinic in White River Junction.

The Upper Valley is blessed with a wide array of shopping and dining options. There are retail businesses from mom and pop type stores to chain retail centers. There are strip and indoor malls in Lebanon to traditional Main Street and business districts in Hanover and White River Jct., where there are a lot of specialty shops and dining establishments. In Norwich there is the renowned general store, Dan & Whit's, where it is said, "If we don't have it, you don't need it."

Communications outlets and media are plenty. The valley is home to a seven-day regional morning newspaper and a number of weekly publications. The airwaves are active with a variety of AM and FM radio stations including traditional, oldies, country, talk, and easy listening. There is a local television station as well as state and New England wide coverage channels on cable. Local computer networks provide access to the Internet, World Wide Web national and international e-mail. Internet fax and computer services allow many residents of the Upper Valley to enjoy a rural lifestyle while keeping pace with their business concerns in metropolitan areas.

Educational opportunities are abound in the Upper Valley. There are private and public pre schools, primary and secondary schools, as well as graduate and adult education programs. The area's schools, at all levels, are very highly regarded. Approximately twenty five percent of Hanover High Schools student population is tuition paying from communities outside of Hanover and Norwich. In addition to Dartmouth's undergraduate and graduate level program, and its Institute for Lifelong education at Dartmouth (ILEAD), there is the College for Lifelong Learning, (a part of the University System of New Hampshire), Lebanon College, a community college, and a variety of technical schools and colleges. Dartmouth is a private, co-educational, four-year liberal arts college founded in 1769 by the Reverend Eleazar Wheelock. The institution sits on a 200 acre main campus immediately adjacent to Hanover's downtown business district in the southwestern corner of the township. Seventeen graduate programs in the arts and sciences, professional schools including the Tuck School of Business Administration, Thayer School of Engineering, and the Dartmouth Medical School compliment Dartmouth's undergraduate college. Dartmouth, with over 4,200 undergraduate and 1,200 graduate students, is one of the most prestigious colleges in the nation. While Dartmouth emphasizes the traditions of a small college, the institution is recognized as a research university. The college employs over 3,000 faculty, administrators, and staff members.

Cultural and academic activities are centers at Dartmouth's Hopkins Center for the performing arts, the Hood Museum of Art, and the Black Family Visual Arts Center. Year round, there are conferences and lecture series including special events at the graduate schools and The Rockefeller Center for the Social Sciences. Several communities have local theatre groups, art exhibits and galleries including the AVA Gallery in Lebanon and the League of New Hampshire Craftsmen in Hanover. The Montshire Museum of Science, located on the banks of the Connecticut River in Norwich, offers indoor and outdoor exhibits and programs for all ages, all year long. Public libraries in our towns are well used and cherished institutions.

There is an abundance of individual, team, and family recreational and sporting opportunities for all ages. Youth activities, organizations, and sports include ice hockey, figure skating, downhill and cross country skiing (the Ford Sayre Ski Program has produced a substantial number of US Ski team Olympians), baseball, basketball, field hockey, track and field, soccer, football, tennis, lacrosse, golf, and kayaking among many others. Many area communities have recreational programs and community centers. The Connecticut River is just one of the hundreds of rivers, streams, ponds and lakes offering a variety of canoeing, motor boating, rowing, sailing, and swimming. There are family campgrounds, picnic areas, nature walking and hiking trails and networks. Bicycle paths are emerging to connect downtowns to more rural areas with employment centers. Once completed, the multi-use Northern Rail Trail of Grafton County, NH will offer access for hiking, bicycling, skiing, horseback riding, and snowmobiling. There are numerous golf courses and ski areas within a short drive from most centers of the Upper Valley, and of course, hunting, fishing, and popular sports in the "north country." High school and college events are popular as well. Dartmouth College offers 34 men's and women's varsity sports including hockey, baseball, soccer, football, basketball, rowing, golf, and lacrosse among many others. Dartmouth's athletic teams compete against lvy League and non-league opponents. The Dresden School District has a full complement of athletic programs.

The Upper Valley is a great place to live and work, but there are some special reasons why natives, "near natives," and newer residents call the Upper Valley home. It is a quiet place...the place is slower than lots of places. Low levels of crime, noise, and pollution contribute to a sense of being safe. The work ethic is strong and signs of independence and pride are all around. The beauty of the landscape mountain and valley views, pastures and dense woodlands, rivers and lakes, stonewalls, rural and village character, and the quality of fresh air and water combine to make this place special. Changing seasons, melting snow, emerging buds of spring, summer's colorful flowers and ripening hayfields...the crisp, refreshing air and brilliant colors of fall and the excitement of winter's first snowfall keep us in touch with the land. The charm of this valley can be found in its history, cultural sophistication, socioeconomic and political mix, good neighbors, spectacular beauty and educational and recreational opportunities. The Upper Valley...a very special place to enjoy...for a day, a leisurely weekend or a lifetime.

For more information about the Hanover area, contact Hanover Area Chamber of Commerce

PO Box 5105, 53 South Main Street, Suite 208, Hanover, NH 03755

Phone: (603) 643-3115 · fax: (603) 643-5606

hacc@hanoverchamber.org www.hanoverchamber.org











Welcome to Hanover!

The Town of Hanover and surrounding region is a part of what is known as "The Upper Valley". This designation refers to a geographic area stretching along both sides of the Connecticut River in Central New Hampshire and Vermont. At the region's center are the towns of Hanover & Lebanon on the New Hampshire site and Hartford (White River Junction) & Norwich in Vermont.

Each Upper Valley town has its own distinctive character and beauty. Hanover is home to Dartmouth College (one of the lvies and the ninth oldest college in the nation) and enjoys a lively, traditional business district and beautiful countryside.

The Hanover Area Chamber of Commerce has an attractive, dynamic and diverse membership. We'd like to give you several opportunities to learn how we might be a good investment for your business. Through our member outreach program you can speak with one of our Ambassadors, sit in on a Task Force meeting or attend one of our Business After Hours programs.

About Hanover

WELCOME

Do you ever wonder, "How can I tell everyone about the variety of amazing opportunities in the Hanover Area?" The Hanover area is a "GO, SEE, DO, VISIT, SHOP, PLAY and LEARN" place for everyone. Everyday, no matter where I am or who I'm with, I find myself talking about where we live as one of the most special places... anywhere.

Create memories in the Hanover Area during any season, whether it's just for a day, a weekend getaway, or a lifetime.

These delightful towns of <u>Hanover, NH</u> and <u>Norwich, VT</u> represent two states nestled along the banks of the Connecticut River, halfway between Massachusetts and Canada, and just a few miles north of the crossroads of Interstates 89 and 91. The towns of Hanover, NH, and Norwich, VT are a visitor's paradise in any season.



Fall foliage is extraordinary in the Hanover Area during peak season. The area is ripe for picking apples, pumpkins and enjoying corn mazes, as well as hayrides. And, it is the perfect weather for shopping!



Winter activities include skating at Occom Pond and indoor arenas; alpine skiing at the Dartmouth Skiway and other local and regional ski areas; cross-country skiing at the Hanover Country Club, Eastman (Grantham) and Woodstock, VT not to mention sledding. WinterFest, Howl at the Moon and Winter Carnival are unique events on our winter calendar.



Spring brings mud season, signaling the beginning of events that celebrate this "glunky" New England phenomenon. Join in RiverFest or Maple Sugaring or a brisk walk while watching birds migrate into the region. Maybe you'd like to stroll down a street filled with specialty shops, businesses and restaurants, when the Hanover Area springs into action!



Summer's warm days and cool nights provide the perfect environment to "beat the heat." Go to an outdoor concert; see theater; canoe, kayak and/or swim the Connecticut River; hike the Appalachian Trail; sip a beverage on a true New England patio; camp; 'shop till you drop'; or come for StreetFest. Get out of the heat and get to the Hanover Area in the summer.



New Hampshire

AVA Gallery and Art Center

Monthly exhibitions and classes for all ages 11 Bank Street Lebanon, NH 03766 (603) 448-3117 www.avagallery.org

James W. Campion III Rink

Indoor ice rink offering public skating and drop in hockey.
394 north Main Street
West Lebanon, NH 03784
(603) 643-1222
www.campionrink.org

Eastman Golf Links

18-hole, semi-public golf course at the Dartmouth corridor 6 Clubhouse Lane Grantham, NH 03753 (603) 863-4500 www.eastmangolflinks.com

Enfield Shaker Museum

Exhibits, special programs, guided tours and craft demonstrations
447 NH Route 4A
Enfield, NH 03748
(603) 632-4346
www.shakermuseum.org

The Quechee Club

Vermont's Premier-Four-Seasons Resort 3268 Quechee Main Street Quechee VT 05059 (802) 295-9356 www.quecheeclub.com

The Fells

Garden paths, historic estate, hiking trails and exhibits 456 Route 103A Newbury, NH 03255 (603) 763-4789 www.thefells.org

The Gilded Edge

Gallery features local and regional artists 35 Main Street Hanover, NH 03755 (603) 643-2884 www.gildededgehanover.com

Hanover Area Farmer's Market

Local agricultural and crafts vendors
Wednesdays 3-6, June-October
Dartmouth Green
Hanover, NH 03755
www.hanoverchamber.org

Hanover Country Club

18-hole public golf course with driving range 0 Rope Ferry Road Hanover, NH 03755 (603) 646-2000 www.hanovercc.dartmouth.edu

The Hood Museum of Art

Diverse collection of art, one of the oldest college museums in the US

Dartmouth College

Hanover, NH 03755

(603) 646-2808

www.dartmouth.edu/~Hood

Hopkins Center for the Arts

Live events, performances and concerts
Dartmouth College
Hanover, NH 03755
(603) 644-2422
www.hop.dartmouth.edu

Lebanon Opera House

Historic theatre featuring live music, theatre, opera and dance
51 North Park Street
Lebanon, NH 03766
(603) 448-0400
www.lebanonoperahouse.org



Nugget Theatres

Hollywood features and other films 57 South Main Street Hanover, NH 03755 (603) 643-2769 www.nugget-theaters.com

Opera North

Northeast's premier summer opera festival 20 West Park Street Lebanon, NH 03766 (603) 448-4141 www.operanorth.org

Saint-Gaudens National Historic Site

139 Saint Gaudens Road Cornish, NH, 03745 603-675-2175 www.nps.gov/saga

Storrs Pond Recreation Area

Camping, picnics, swimming, tennis and hiking 50 Reservoir Road Hanover, NH 03755 (603) 643-2134 www.storrspond.org

Vermont

Billings Farm and Museum

Operating dairy farm and museum of Vermont's rural past Route 12N, River Road Woodstock, VT 05091 (802) 457-2355 www.billingsfarm.org

Montshire Museum of Science *Interactive exhibits and*

educational programs 1 Montshire Road Norwich, VT 05055 (802) 649-2200 www.montshire.org

Northern Stage

Professional Theatre Company with year-long productions and classes 12 Main Street White River Junction, VT 05001 (802) 291-9009 www.northernstage.com

Simon Pearce

Glassblowing and pottery demonstrations; call for hours 1760 Quechee Main Street Quechee, VT 05059 (802) 295-2711 www.simponpearce.com

VINS Nature Center

Live raptor and bird exhibits, trails, educational programs, lectures and events
6565 Woodstock Road
Quechee, VT 05059
(802) 359-5000
www.vinsweb.org

For more details on each listing , please visit our website: www.hanoverchamber.org



Museums & Galleries

Aidron Duckworth Museum

(603)469-3444 aidronduckworthmuseum.org

AVA Gallery & Art Center

(603)448-3117 avagallery.org

Enfield Shaker Museum

(603)632-4346 shakermuseum.org

Hood Museum of Art

(603)646-2808 dartmouth.edu/~hood

Hopkins Center Galleries

(603)0646-2422 hop.dartmouth.edu

League of NH Craftsmen

(603)643-5050 craftstudies.org

Rauner Special Collections

(603)646-0538 dartmouth.edu/~library/rauner/

Spheris Gallery

(603)640-6155 spherisgallery.com

Performing Arts

Hopkins Center for the Arts

(603) 646-2422 hop.dartmouth.edu

Lebanon Opera House

(603)448-0400 lebanonoperahouse.org

Opera North

(603)448-4141 www.operanorth.org

Sites

Billings Farm & Museum

(802)457-2355 billingsfarm.org

The Fells

(603)763-4789 thefells.org

Orozco Murals at Baker Library

(603)646-1469

Path of Life Garden

(802)674-6789 pathoflifegarden.com

Saint-Gaudens National Historic Site

(603)675-2175 ext.100 nps.gov/saga

53 S. Main St. Suite 216; Hanover, NH 03755 (603) 643-3115; hacc@hanoverchamber.org

Northern Stage

(603)448-4141 northernstage.org

NorthEast Shakespeare Ensemble

nesetheatre.org

Upper Valley Presents

(802)526-2055 uvpresents.org

Music

Classicopia

(603)643-3337 Classicopia.org

North Country Chordsmen

(603)763-4098 nedistrict.org/ncchordsmen

Upper Valley Music Center

(603)763-4789 uvmusic.org

Upper Valley Rock School

(802)526-2055 uvrockschool.org



IN JUST ONE DAY . .

You can visit several world-class museums and fascinating local historical sites that are short walk from downtown Hanover or within a half-hour drive.

Explore the unique natural history of the Upper Valley, or get back in touch with the rich heritage of our region.

(Drive times are from downtown Hanover.)

Art and Heritage

The Hood Museum of Art, Hanover, NH

The Hood Museum of Art at Dartmouth College is one of the oldest and largest college museums in the country. The award-winning building designed by Charles Moore and Chad Floyd of Centerbrook Architects was completed in 1985, yet the museum's collections stretch back to 1772, three years after Dartmouth College was founded. The 40,000-square-foot postmodern building includes ten main galleries.

Dates and Hours: Tuesday-Saturday, 10 a.m.-5 p.m. Wednesday, 10 a.m.-9 p.m. Sunday, 12 noon-5 p.m. The museum is closed on Mondays

Admission:

The museum is free and open to the public.

Lewis Family Homestead, Norwich, Vt.

Located at 277 Main Street in Norwich, Vt., the homestead is maintained by the Norwich Historical Society. The 1807 house contains a collection of Norwich documents, maps, photographs, textiles, furniture, and hand tools. The society conducts genealogy and land deed research. There are excursions, Old Home Day activities, a Christmas tea, lectures, and local television panel discussions.

Dates and Hours:

Year-round on Wednesdays, 2 pm-4:30 pm, Saturdays, 9 am-noon, and by appointment.

Admission:

Free.

The Billings Farm & Museum, Woodstock, Vt. (25 minutes)

Billings Farm keeps alive the spirit and values of Vermont's rural past. The farm dates back to 1871, when native Vermonter, Frederick Billings, set out to build a farm and forestry operation that would serve future generations as a model of wise stewardship. His farm flourished, and today, is still a first-class working farm, operating with a museum of Vermont's rural heritage. The Billings Farm & Museum is an operating partner of the Marsh-Billings-Rockefeller National Historical Park, the only national park to tell the story of conservation history and the evolving nature of land stewardship in America.

Dates and Hours:

Open daily, April 28 through October 31, 10 am to 5 pm. Weekends in November including Thanksgiving weekend, December weekends and December 26 - January 1 10 am to 4 pm. Weekends in January and February, Sleigh Ride Weekends: Martin Luther King and Presidents' weekends, 10 am to 4 pm

Science and Natural History

The Montshire Museum of Science, Norwich, Vt (5 minutes)

The Montshire is a hands-on museum located in Norwich, Vermont, offering over 60 exciting exhibits relating to the natural and physical sciences, ecology, and technology. The building is located on a 110-acre site near the Connecticut River, and the Museums' outdoor environment is a large part of the visitor experience. Science Park is a two-acre exhibit area in a beautiful, park-like setting. Also outside is a network of easy-to-moderate walking trails for visitors of all ages and fitness levels. The Montshire Museum is an official visitor center for the Silvio O. Conte National Fish and Wildlife Refuge.

Dates and Hours: Open daily 10 am to 5 pm all year

Vermont Institute of Natural Science (20 minutes)

The spectacular new VINS Nature Center opened to the public on June 12, 2004. Located next to one of New England's natural wonders, the Quechee Gorge, the VINS Nature Center includes a state-of-the art Raptor Exhibit, displaying one of North America's finest collections of birds of prey. Visitors can now get eye to eye with Snowy Owls, Peregrine Falcons, Red-tailed Hawks, Bald Eagles and other birds of prey. From May to October, visitors can also see a variety of raptors demonstrating their flying and hunting skills during our Predators of the Sky Program. A new VINS Nature Shop, an Education Building with classrooms and restrooms, and a system of nature trails leading to the adjacent Vermont State Park and Quechee Gorge can also be found at the VINS Nature Center.

Dates and Hours:

Every day from May 1 to October 31: 10 am to 5 November 1 to April 30: 10 am to 4 pm (Wed - Sun) Open daily during holiday and school vacation weeks.



Kid Friendly Attractions

New Hampshire

James W. Campion III Rink

Indoor ice rink offering public skating and drop in hockey. 394 North Main Street West Lebanon, NH 03784 (603) 643-1222

www.campionrink.org

Enfield Shaker Museum

Exhibits, special programs, guided tours and craft demonstrations 447 NH Route 4A Enfield, NH 03748 (603) 632-4346 www.shakermuseum.org

The Fells

Garden paths, historic estate, hiking trails and exhibits 456 Route 103A Newbury, NH 03255 (603) 763-4789 www.thefells.org

Hanover Area Farmer's Market

Local agriculture and crafts vendors Wednesdays 3-6, June-September Dartmouth Green Hanover, NH 03755 www.hanoverchamber.org

The Hood Museum of Art

Diverse collection of art, one of the oldest college museums in the US Dartmouth College Hanover, NH 03755 (603) 646-2808 www.dartmouth.edu/~Hood

Hopkins Center for the Arts

Live events, performances and concerts
Dartmouth College
Hanover, NH 03755
(603) 644-2422
www.hop.dartmouth.edu

LL Bean Outdoor Discovery School

Come on an Adventure with LL Bean Outdoor Discovery School! 8 Glen Road West Lebanon NH 03784 603-298-6975 www.llbean.com/adventure

Mount Cardigan State Park

Excellent hiking and amazing views at Mt.
Cardigan's summit
Off Route 18
Orange, NH 03741
(603) 823-7722 ext. 757

Nathan's Garden

Local botanical garden, in memory of Nathan Maple & Downing Street Hanover, NH 03755 (603) 643-9980

Ray School Playground

Playground open to public before 8:00AM and after 3:00PM
26 Reservoir Rd.
Hanover, NH 03755
www.rayschool.org

Richard W. Black Recreation Center

Classes and activities for all age groups 48 Lebanon Street Hanover, NH 03755 (603) 643-5315

Storrs Pond Recreation Area

Camping, picnics, swimming, tennis and hiking 50 Reservoir Road Hanover, NH 03755 (603) 643-2134 www.storrspond.org

Vermont

Billings Farm and Museum

Operating dairy farm and museum of Vermont's rural past Route 12N, River Road Woodstock, VT 05091 (802) 457-2355 www.billingsfarm.org

Montshire Museum of Science

Interactive exhibits and educational programs
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Norwich, VT 05055
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www.montshire.org

Northern Stage

Professional theatre company with yearlong productions and classes 12 Main Street White River Junction, VT 05001 (802) 291-9009 www.northernstage.com

Simon Pearce

Glassblowing and pottery demonstrations; call for hours 1760 Quechee Main Street Quechee, VT 05059 (802) 295-2711 www.simonpearce.com

Union Village Dam

Swim area, fishing, picnic tables and grills 2 Main Street East Thetford, VT 05043 (802) 649-1606

VINS

Live raptor and bird exhibits, trails, educational programs, lectures and events
6565 Woodstock Road
Quechee, VT 05059
(802) 359-5000
www.vinsweb.org

For up to date listings, please visit our website: www.hanoverchamber.org

<u>HACC Visitor Services</u> <u>Family-Oriented Itineraries</u>

	Destination	Miles from Hanover	Minutes from Hanover
Day One			
Morning	Montshire Museum of Science http://www.montshire.org	1	2
Afternoon	Ice skating on Occom Pond (winter) http://www.dartmouth.edu/~doc/rentals/	1	2
Afternoon	Hiking Mount Cardigan (summer)	23	35
Day Two			
Morning	VINS http://www.vinsweb.org/	10	13
Afternoon	Snowshoeing or golfing on Dartmouth Golf Course (winter/summer) http://www.dartmouth.edu/~hccweb/	1	2
Afternoon	Hiking Gile Mountain in Norwich (summer)	5	8
Day Three			
Morning	Billings Farm in Woodstock (summer) http://www.billingsfarm.org	16	28
Morning	Ski or hike at Dartmouth Skiway http://skiway.dartmouth.edu/	14	26
Afternoon	Tip Top Pottery in White River Jct.	6	9
Afternoon	Canoeing on the Connecticut (summer) http://www.dartmouth.edu/~lcc/	1	2

Other ideas:

- * Recreation at Storr's Pond (http://www.storrspond.org/)
- * Dartmouth athletic events (http://www.dartmouthsports.com/)
- * Winter tubing or sledding (http://www.nhsnowsports.com/sports.php?sport_id=4)
- * Hopkins Center for the Performing Arts (https://hop.dartmouth.edu/Online/)
- * Hood Museum (http://hoodmuseum.dartmouth.edu/)
- * Nugget Theater (http://www.nugget-theaters.com/)

Recreational Listings

	Miles from Hanover	Minutes from Hanover
Take a Hike!		
The Town of Hanover has a hiking trail system with	Varies	Varies
maps at the town office. The Appalachian Trail goes		
right through Main street!		
Upper Valley trails		
Trailheads from most Upper Valley towns.		
Web: www.uvtrails.org or http://www.ctrivertravel.net/		
No Sweat!		
Put in a workout, get a massage, work on your tan	4	8
and get a manicure		
River Valley Club		
New England's finest health & fitness, tennis and day spa.		
33 Morgan Drive, Lebanon, NH 03766		
Phone: 603-643-7720		
Email: contactus@rivervalleyclub.com		
Web: http://www.rivervalleyclub.com		
SCHUSS!		
The Dartmouth Skiway is our little secret!	14	25
Dartmouth Skiway		
P.O. Box 161, 39 Grafton Tpke, Lyme		
Center, NH 03769		
Phone: 603-795-2143		
Web: http://skiway.dartmouth.edu		
Drive yourself Crazy!		
Eastman Golf Links	20	30
6 Clubhouse Lane, Grantham, NH 03753		
Phone: 603-863-4500		
Email: mark@eastmannh.org		
Web: http://www.eastmangolflinks.com/home		
Hanover Country Club	In town	0
Golf country club		
Rope Ferry Road, Hanover, NH 03755		
Phone: (603) 646-2000		
Email: alex.kirk@dartmouth.edu		
Web: http://www.dartmouth.edu/~hccweb/		
Make a Splash!		
Storrs Pond Recreation Area	3	6
Camping, picnics, swimming, tennis & hiking.		
Memberships available.		
Reservoir Road, Hanover, NH 03755		
Phone: 603-643-2134		
Web: http://www.storrspond.com		

This place is for the Birds!		
Vermont Institute of Natural Science (VINS)	13	18
Live raptor exhibits, ecology exhibit, educational		
programs, hiking trails next to Quechee Gorge		
6565 Woodstock Road, P.O. Box 1281,		
Quechee, VT 05059		
Phone: 802-359-5000		
Fax: 802-359-5001		
Email: info@vinsweb.org		
Web: http://www.vinsweb.org		
Museums, you got to see-um!		
Enfield Shaker Museum	13	25
Stay overnight or spend a few hours and explore the		20
buildings, acres and activities on this tranquil site nested		
between Lake Mascoma and Mt. Assurance		
447 NH Route 4A, Enfield, NH 03748		
Phone: 603-632-4346		
Email: info@shakermuseum.org		
Web: http://www.shakermuseum.org		
Hood Museum of Art	In town	0
The largest museum of fine arts and culture in the region,	III to wii	
free admission.		
Dartmouth College, Hanover, NH 03755		
Phone: 603-646-2808		
Email: hood.museum@dartmouth.edu		
Web: http://www.hoodmuseum.dartmouth.edu		
Roll in the Dough		
King Arthur Flour	2	4
The Baking Education Center		
133 Route 5 South		
Norwich, VT 05055		
Phone: 800-652-3334		
Web: http://www.kingarthurflour.com/baking/		
Slip and Slide		
The Dartmouth Outing Club at Occom Pond	In town	0
offers Cross Country Skiing and Pond Skating		
Dartmouth College Outing Club		
113 Robinson Hall		
Hanover, NH 03755		
Phone: 603-646-2429		
Email: thedoc@dartmouth.edu		
Web: http://www.dartmouth.edu/~doc/		

Take a stroll through the beautiful Ivy League town of Hanover, NH where you will find elegant and eclectic shops, boutiques, galleries and clothing stores that line the many quaint streets that add character and charm to this New England community.

Hanover's distinctive shopping is arguably the most sophisticated in the area. With its big names like *J.Crew* to *Pompanoosuc Mill* there is something for everyone's taste and budget.

Duration: 2 days

Day 1

- 9:00AM Jumpstart your grand day of shopping with a latte from the Dirt Cowboy Café
- 9:30AM While sipping on your favorite latte, move down the right side of Main Street where you will find the *Dartmouth Co-op*, *Left Bank Books*, *Still North Books & Bar*, and *Von Bargen's Jewlery*.
- 11:30AM –Head to the Nugget Arcade Mall where you will find *The J List, 37 Central Clothiers, the Nuggest Movie Theater*
- 1:00PM Enjoy a delectable lunch at any of the area restaurants, outside bistro or cafés that Hanover has to offer
- 2:00PM Cross the street to the Hanover Park Building where you will find an array of unique treasures. You can expect to find *Pompanoosuc Mills, Talbots*, and *Designer Gold Fine Jewelry*
- 3:00PM Stop for a small treat at **Swirl & Pearl**
- 3:15PM Continue down the street to the *League of New Hampshire Craftsmen*, then cross the street and head north onto Main Street. As you make your way back to Main Street stop and peruse what *The Lemon Tree* has to offer
- 4:00PM Make your way down the left side of Main Street, stopping into *J.Crew, Simon Pearce, Indigo, Hanover Strings and Main Street Kitchens*
- 7:00PM Take in a performance a the *Hopkins Center*

The second day will prove to be an exciting day of shopping. You have the opportunity to experience specialty shops in the area. Each shop shares the philosophy that "if we don't have it, you don't need it."

Day 2

- 9:00 AM Your shopping adventure will start at *King Arthur Flour*. Whether you're a skilled baker interested in enhancing your baking techniques or an enthusiast who simply loves to cook, the Certified Master Bakers of *King Arthur Flour* invite you into their kitchen. At the Baker's Store, you can purchase hard-to-find baking gadgets, supplies and freshly-baked goods.
- 10:30AM Drive a few miles to your next destination, *Dan & Whit's* which has become a landmark in Norwich, Vermont and a general store that has been serving the community for more than 110 years.
 - Dan & Whit's has been featured in the following Media Sources: Good Morning America, People Magazine, Yankee Magazine, New York Times and the Boston Globe.
- 12:00PM Venture over to the Norwich Inn for a chance to enjoy some good old fashioned New England cuisine.
- 1:00PM After enjoying a delicious lunch, travel north to spend the afternoon at *Farm Way*. Don't let the name fool you. This store carries everything from home furnishings, brand name clothing, boots and wrought iron artwork to animal feed and supplies. If you are looking for a little slice of New England, *Farm Way* is the place to explore!

100 Things You Must See, Do or Experience in the Upper Valley

- 1) Attend the Tunbridge World's Fair in September.
- 2) Visit the Fairlee Diner for an early morning breakfast.
- 3) Hike to Holt's Ledge in Lyme for a spectacular view of undeveloped forestland.
- 4) Attend a Sunday afternoon concert on the main house porch at Saint Gauden's National Historic Site in Cornish.
- 5) Go to Billings Farm in Woodstock for Harvest Weekend or any special event at this old-time working farm.
- 6) Drive across the Cornish-Windsor covered bridge.
- 7) Check out a show at Jag Productions in White River Junction, VT. https://www.jagproductionsvt.com/
- 8) Frolic with the Christmas Revels at Spaulding Auditorium at the Hopkins Center in Hanover.
- 9) Stroll through the Reserve Corridor of Baker Library at Dartmouth College to see the Orozco Murals.
- 10) Walk to the top of Gile Mountain in Norwich to see the view of the valley from the refurbished fire tower.
- 11) Take in a summer-rep performance at the New London Barn Playhouse or the Eclipse Grange in Thetford.
- 12) Peek into Devil's Den on the Wright's Mountain conservation area in Bradford.
- 13) Catch an Opera North Production in White River Junction, VT.
- 14) Trek to the open summit of Mt. Cardigan in Orange and visit the ranger in the fire tower.
- 15) Go hungry to the Sunday Brunch at the P&H Truck Stop in Wells River. And by the way...gotta have their toast...and a piece of pie (their maple cream pie is especially tasty!).
- 16) Don snowshoes for the annual Snowshoe walk in Vershire in February.
- 17) Try Rock Climbing out at Green Mountain Rock Climbing Center in Taftsville, VT.
- 18) Buy one of the "Valley Quest" books and use it to explore 150 interesting places in the Upper Valley.
- 19) Take a swim at True's Ledges in West Lebanon.
- 20) Walk up to the ledges between Boston Lot Lake and Wilder Dam.
- 21) Take a dinner cruise around Lake Sunapee on the M.V. Mount Sunapee II.
- 22) Check out the Concord Coach and other period displays at the New London Historical Society.
- 23) Get some sponsors and participate in the Prouty Ride/Walk for cancer research.
- 24) Experience a First Friday in White River Junction, VT: Live music, dance and meet the artist reception and sales.
- 25) Go to the Glory Days of Railroading in White River Junction in September.
- 26) Get your hands dirty on Upper Valley Trails Day on the first Saturday in June.
- 27) Stroll along the boardwalk in Hartland's Esqua Bog to see the pink ladyslippers bloom in early summer.
- 28) Slide along the Skyline cross-country ski trail in Pomfret.
- 29) Enjoy scrumptious baked good, meals and coffee from either the Red Wagon Bakery or 603 Bakery in Canaan NH.
- 30) Schuss the slopes at Suicide Six, Dartmouth Skiway, Northeast Slopes, Sunapee, Ascutney, or Quechee Lakes.
- 31) Ride the Ferris Wheel at the Norwich Fair.
- 32) Walk the old Carriage Trails on Mt. Tom in Woodstock.
- 33) Canoe the rapids on the White River from Bethel to Hartford.
- 34) Watch milk being bottled at McNamara Dairy in Plainfield on Mondays and Thursdays. For a real treat, try a bottle of their chocolate milk.
- 35) Pick-your-own berries at one of the many PYO farms in the valley.
- 36) Savor a soft-serve ice cream at Dairy Twirl in Lebanon.
- 37) Ride your bike around Lake Morey.
- 38) Hike any part of the Appalachian National Scenic Trail between Bridgewater and Orford.
- 39) See the Christmas light display at LaSalette Shrine in Enfield or the Joseph Smith Memorial in South Royalton.
- 40) Play with water in the concrete stream at the Montshire Museum's Science Park in Norwich.
- 41) Visit the Hood Museum of Art in Hanover, NH; or any of the small galleries in Woodstock, VT.
- 42) Take in the Summer Solstice Festival in Norwich.
- 43) Go skating on Occom Pond in Hanover on a cold winter day.
- 44) Attend an Old Home Day celebration in any Upper Valley town.
- 45) Buy fresh local produce at Farmer's Markets in Norwich, Lebanon, Enfield and other towns.
- 46) Watch the glassblowers ply their trade at Simon Pearce in Windsor and Quechee.
- 47) Visit the Antique Mall in Quechee, VT. Stroll amongst the antiques, then stop by the Cabot Cheese Store and sample

some cheese.

- 48) Rent a canoe at the Ledyard Canoe Club in Hanover and paddle the Connecticut River at sunset.
- 49) Climb the narrow stairs to the top of Baker Tower to enjoy the fall foliage.
- 50) Listen to music at the bandstand on the 4th of July at Colburn Park in Lebanon.
- 51) Climb Mt. Ascutney or Cardigan Mountain.
- 52) Explore many of the local craft breweries in VT and NH (responsibly of course!).
- 53) Take the kids to Townline Equipment in Plainfield anytime and let them climb up onto the tractors. Warning: You will have a hard time getting them off!
- 54) Taste any of the delectable bake goods and sandwiches from Umplby's Bakery and Café in Hanover.
- 55) Ride a toboggan or a snow tube down Freshman Hill at the Hanover Country Club.
- 56) Check out the diverse talent at open mic night at Skunk Hollow Tavern in Hartland.
- 57) Enjoy authentic brigadeiro's at My Brigadeiro in Hanover NH.
- 58) Watch raptors fly at the VINS Nature Center in Quechee.
- 59) Launch a canoe before dusk and paddle out onto Grafton Pond as the loons begin to call.
- 60) Savor the prose and poetry of the region's best writers as they read at the Canaan Meeting House during the summer.
- 61) Take a snowmobile ride on the Mascoma Rail Trail in the winter, or mountain bike it in summer.
- 62) Catch the spirit of the Dartmouth Big Green when they light the bonfire on Homecoming weekend.
- 63) Ride a snowmobile to the Dartmouth Skiway for the Lyme Pinnacle Snowmobile Club's mid-winter chicken BBQ.
- 64) Spread a blanket and watch the hot air balloons at the Quechee Balloon Festival in June.
- 65) Go to the Maxfield Sports Complex in the summer and enjoy an Upper Valley Nighthawks baseball game.
- 66) Check out the local wineries in White River Junction VT, and Grafton and Bristol NH: Putney Mountain Winery, Haunting Whisper Vineyard, and Spirts and Crazy Cat Winery.
- 67) Take a tour of the White River National Fish Hatchery in Bethel to see young salmon.
- 68) Learn about the settlement history of the region at Fort at No. 4 in Charlestown.
- 69) Catch a concert at the Lebanon Opera House (recent performers include: The Temptations, BNL, Mary Chapin Carpenter, Cyndi Lauper, and more...)
- 70) Paint pottery at Tip Top Pottery in White River Junction VT, and afterwards explore the various art in the Tip Top Building.
- 71) Drive through Enfield in October and see how many scarecrows you can count.
- 72) Explore the region's industrial heritage at the American Precision Museum in Windsor.
- 73) Shop for anything you need at Dan & Whit's in Norwich. Don't miss the back rooms—get fitted for some boots upstairs in the old town meeting and dance hall.
- 74) Watch maple sap being boiled down in a sugarhouse and try a sample straight from the evaporator.
- 75) Bring a picnic and spread a blanket on the grass for a Vermont Symphony Orchestra concert at Ascutney Mountain Resort or Three Stallions Farm in Randolph during Fourth of July week.
- 76) Go back to the 1950's with a feature film at the Fairlee Drive-In Theatre.
- 77) Marvel at the Maxfield Parrish Stage set in the Plainfield Town Hall and watch as the lighting system takes the scene through the seasons.
- 78) Harvest some apples at a pick-your-own orchard and get some freshly pressed cider if there's a cider mill on the farm.
- 79) Pack a picnic and head to Dartmouth College's campus. Check out the Robert Frost statue and Bartlett Tower by the Bema.
- 80) Around April 25th grab a bucket and a sharp knife and go get some fiddleheads. Bring them home and fry them in butter for the first taste of the new growing season.
- 81) Take a close look at 494, the sturdy old locomotive that is the symbol of White River Junction's great railroading tradition.
- 82) Head to West Lebanon and enjoy an ice cream at Fore-U Golf Center after a game of Mini-Golf, or while you let the kids explore the playground there.
- 83) Visit Sculptured Rocks Geologic Site in Groton, NH.
- 84) Examine some of the Valley's architectural and engineering marvels. Claremont City Hall, Windsor's Old South

Church and the stone rail underpass on Glen Road in West Lebanon amongst others. Be sure to include the Hopkins Center in Hanover—it was the proto-type for the Lincoln Center in Manhattan.

- 85) Take a drive out to Danbury and Bristol NH on the weekend. Visit Reuben's Rescue Ranch in Danbury after stopping for lunch at the Danbury General Store for the best sandwich of your life. Afterwards, continue into Bristol to the Mill Fudge Factory for some of the region's best fudge. If you have time, check out Profile Falls in Bristol, too.
- 86) Visit West Lebanon Supply the day the baby chicks and ducklings arrive.
- 87) Watch the hang gliders and para-sails soar at Morningside Flight Park in North Charlestown.
- 88) Enjoy the polished bluegrass arrangements of Cardigan Mountain Tradition anytime they're playing a community gig.
- 89) Have breakfast at Lou's Restaurant in Hanover. A long-time Hanover, Dartmouth, and Regional icon. People visit the area just for a chance to eat at Lou's.
- 90) Develop a keen eye for the wild critters in our midst—see if you can spot a bear, a moose, a bald eagle, or even a wild boar—they're out there. Or go to the Montshire Museum of Science and learn about the nature around us!
- 91) Bring the kids and a picnic up to the Lebanon Airport and watch the planes take off and land.
- 92) Watch a great film you've never seen (and maybe never heard of) at the Dartmouth Film Series.
- 93) Check out the Ice Castle in Lincoln NH in the winter.
- 94) Visit Quechee Gorge and then walk down it.
- 95) Attend the White River Indie Film Festival.
- 96) Participate in any of the amazing Millennium Running Events in Manchester NH—the Halloween 3K supports CHaD and is a fun family event!
- 97) Visit the orchid collection in Dartmouth's Life Sciences Building.
- 98) Take in one of the noontime concerts in the basement of the Hopkins Center.
- 99) Take an ILEAD course.
- 100) Check out the outlets in Tilton, NH.



Morning

Visit the Montshire Museum of Science Open daily 10 a.m. to 5 p.m. One Montshire Road

1 mile from Hanover www.montshire.org (802)-649-2200 Norwich, VT

Afternoon

Winter **Ice skate on Occum Pond**

11 a.m. to 7 p.m., Tuesday - Friday 9 a.m. to 5 p.m., Saturday & Sunday Closed Monday www.dartmouth.edu/~doc/dxc/ Dartmouth College Campus (603) 643-6534

Hike Mount Cardigan (Summer)

www.dartmouth.edu/~doc/hiking/mountcardigan/ Moderate Hike (3.3 miles, 2.5 hours) 23 miles from Hanovel

Night

paulding See a movie at Lowe or Sp Theatre

Dartmouth College Campus hop.dartmouth.edu/movies/ (603) 646-2422

Theatres See a movie at the Nugget Thes 57 S. Main Street in Hanover

www.nugget-theaters.com/ (603) 643-2769



53 S. Main Street Suite 216; Hanover, NH 03755 (603) 643-3115; hacc@hanoverchamber.org er.org www.hanoverchambe

Stop into the office or call/email us with questions!



Morning

Visit VINS



6565 Woodstock Road, Rte 4 Open daily 10 a.m. to 5 p.m. 10 miles from Hanover Quechee, VT, 05059 www.vinsweb.org (802) 359-5000

Afternoon

Snowshoe on Dartmouth Golf Course (Winter) Dartmouth College Campus

www.dartmouth.edu/~doc/hiking/gilemountain/ Hike Gile Mountain (Summer) Easy hike (1.4 miles, 1 hour) 7.3 miles from Hanover

Night

See a Northern Stage Show

White River Junction, VT, 05001 www.northernstage.org 5 miles from Hanover 12 North Main Street (802) 296-7000

See a show at the Lebanon Opera House



www.lebanonoperahouse.org 6 miles from Hanover 51 North Park Street Lebanon, NH, 03766 (603)448-0400

Day 3

Morning

Route 12n & River Road (GPS: 5302 River Road) Open Mon.-Fri. 10 a.m. to 5 p.m. Weekends 10 a.m. to 4 p.m. **Visit the Billings Farm** Woodstock, VT, 05091 20 miles from Hanover

Billings Farm

www.billingsfarm.org (802) 457-2355

Afternoon

Ski (Winter) or Hike (Summer) the Dartmouth Skiway 39 Grafton Turnpike

www.skiway.dartmouth.edu Lyme Center, NH 03769 14 miles from Hanover 603-646-2422



See a Show at the Hopkins Center

www.hop.dartmouth.edu LIVE # HO in Hanover, NH 03755 Dartmouth Campus (603) 646-2422

Watch a Dartmouth Athletics Event

www.dartmouthsports.com/ Dartmouth Campus



For more fun ideas, please stop into our office on the second floor of the Nugget Arcade Building on Main Street.

Golfing in the Hanover Area



Carter Golf Club

257 Mechanic St Lebanon, NH 03766 (603) 448-4483

Eastman Golf Links

6 Clubhouse Lane Grantham, NH 03753 (603) 863-4500 www.eastmangolflinks.com/ golf/proto/eastmangolflinks/

Hanover Country Club

at Dartmouth College (603) 646-2000 _ www.dartmouth.edu/ ~hccweb/

John P. Larkin Country Club

Route 5 North Windsor, VT 05089 (802) 674-6491

Lake Morey Country Club

Just off exit 15 on I-91 Fairlee, VT 05045 (802) 333-4800 www.lakemoreyresort.com/

Quechee Club (2 courses)

3268 Quechee Main Street Quechee, VT 05059-1301 (802) 295-9356 quecheeclub.memfirstweb.net/ Club/Scripts/Home/home.asp

Woodstock Country Club

Fourteen The Green
Woodstock, Vermont
05091-1298
(802) 457-1100
www.woodstockinn.com/
vermont-golf.php



53 S. Main Street Suite 216; Hanover, NH 03755 (603) 643-3115; hacc@hanoverchamber.org www.hanoverchamber.org

Swimming in the Hanover Area



Carter Community Building

Association

1 Taylor Street Lebanon, NH 603-448-6477 www.ccba-leb.com/

Chieftain Motor Inn

84 Lyme Road, Rte 100 Hanover, NH 603-643-2550

http://www.chieftaininn.com

Lake Fairlee

Thetford, VI

Lake Morey Fairlee, VT

Lake Sunapee, NH

Lebanon Memorial Pool

Pumping Station Road Lebanon, NH 603-448-2058 lebanonnh.virtualtownhall.net/ Public_Documents/ LebanonNH_Kee/index

Mascoma Lake

Hanover, NH

River Valley Club

33 Morgan Drive Lebation NH 603-643-7720 ww.rivervalleyclub.com

Storrs Pond

Hanover, NH (603) 643-2134 www.storrspond.org/

Upper Valley Aquatic

Center

100 Arboretum Lane White River Junction, VT 802.296.2850 www.uvac-swim.org/



53 S. Main Street Suite 216; Hanover, NH 03755 (603) 643-3115; hacc@hanoverchamber.org www.hanoverchamber.org



Take a ride on the Polar Express

November 27-28, December 3-6, 10-13 and 17-20
(December 21st - North Conway only)

Leaves from Lincoln, NH and North Conway, NH
Get tickets through lottery only

www.polarexpress.org/

Watch a Dartmouth Hockey Game
Thompson Arena at Dartmouth College
November-February
dartmouthsports.com/

Celebrate the Season in Downtown Hanover

December x, 2009
Festivities and performances all over town www.hanoverchamber.org

Play at the Occom Pond Party Dartmouth College Saturday, February 13, 2009 Thanks for visiting Hanover. We're so glad you came.



Winter fun in the Hanover Area





53 S. Main Street Suite 216; Hanover, NH 03755 (603) 643-3115; hacc@hanoverchamber.org www.hanoverchamber.org



Dartmouth Skiway (Downhill)

39 Grafton Turnpike Lyme Center, NH 03769 (603) 795-2143 skiway.dartmouth.edu/ Eastman Cross County Center (Cross Country)

6 Clubhouse Lane Grantham, NH, 03753 (603) 863-4500 www.eastmannh.org/ski Whaleback Mountain (Downhill)

160 Whaleback Mountain Road Enfield, NH, 03748 603-448-1489 www.whaleback.com

Woodstock Inn and Resort (Downhill & Cross Country) Fourteen The Green
Woodstock, Vermont 05091
802.457.1100
www.woodstockinn.com/vermont-ski.php



Hanover Country Club Golf Course at Dartmouth College Hanover, NH 03755



Campion Rink

57 South Main Street Hanover, NH 03755 603-643-1222 www.campionrink.org/ Occom Pond
Clement Road at Dartmouth College
Hanover, NH 03755
(603) 646-2429

www.dartmouth.edu/~doc/dxc/

South Park Street on the Dartmouth Campus Hanover, NH 03755 (603) 646-3074



Campion Rink

57 South Main Street Hanover, NH 03755 603-643-1222 www.campionrink.org/ Hanover Country Club Golf Course

at Dartmouth College Hanover, NH, 03753 Woodstock Inn and Resort
Fourteen The Green
Woodstock, Vermont 05091

802.457.1100 www.woodstockinn.com/vermont-ski.php

VISIT VALIGIE VISIT VEW HAMPSHIRE

ARTS AND ENTERTAINMENT



- Seasonal festivals
- Outdoor concerts
- Author events
- Historical talks
- Art exhibits
- Open mic events



COVERED BRIDGES

Two historic covered bridges span the Warner River. The Dalton Bridge (12) and the Waterloo Bridge (13).



MUSEUMS

You'll find five museums, from historical to natural, we have something for everyone!



AGRICULTURE

Warner is a beautiful hub of working farms with everything from sweet corn to maple syrup.



RECREATION

Hike, bike, fish, snow mobile or cross country ski on any of our beautiful trails!

WARNER'S MAIN STREET

- Restaurants
- Museums
- Community parks
- Shops
- Farmer's market
- and more!



warner.nh.us



Wisit Warner Stay a while...



Catch the view from the summit of Kearsarge Mountain



Explore our covered bridges



Find a treasure at a local shop or flea market



Enjoy four seasons of outdoor recreation and trail use



Stroll Main Street and shop local



Grab a bite at one of our local restaurants



Visit one of our many working farms and support a farmer



Listen to live music, indoors or out



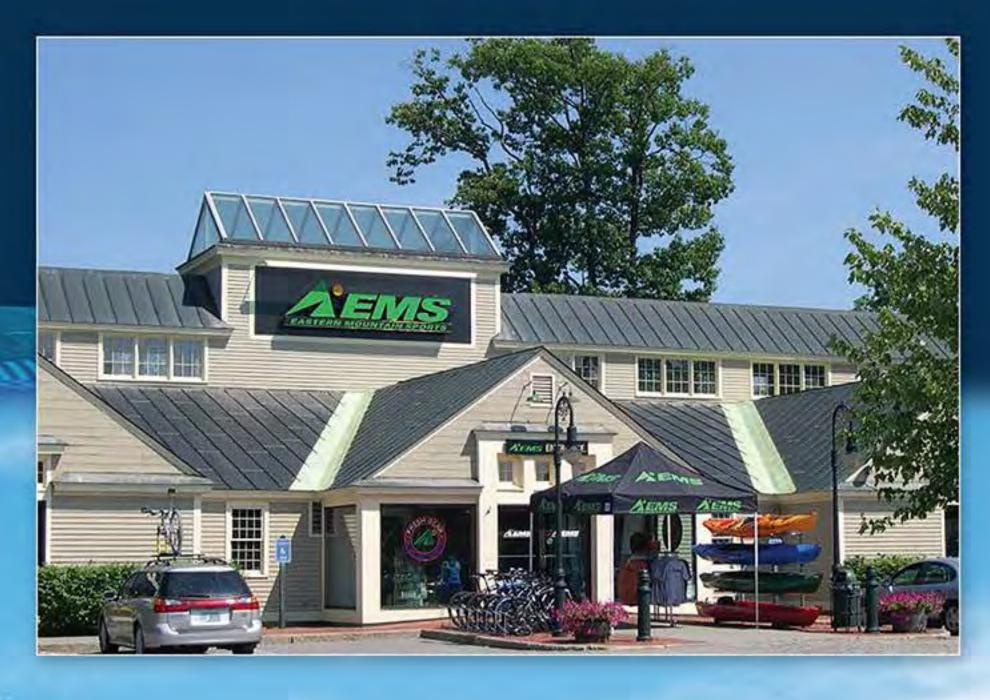
Stay a while... we like having you!

For details visit us on the web at

visit.warner.nh.us







POWERHOUSE West Lebanon New Hampshire

Premier Lifestyle Center centrally located in the heart



PROPERTY OVERVIEW

LOCATION

Exit 20, I-89, Route 12A, West Lebanon, NH

DEMOGRAPHICS

170,000 population within 30 mile radius

VEHICULAR TRAFFIC

NH Route 12A - 17,000 per day Interstate I-89 - 50,000 per day

FRONTAGE

Route 12A and Glen Road

CEILING HEIGHT

10 - 40 feet sloping

PARKING RATIO

5.5/1000 square feet

POWERHOUSE STORES (PARTIAL)

L.L. Bean • Eastern Mountain Sports Yankee Candle • Lindt Chocolate Marvin Windows & Doors

AREA TENANTS

Kohl's • T.J. Maxx • Walmart • Home Depot • KMart BJ's • Books-A-Million • Staples • Jo-Ann Fabric Gap Factory Store • Michaels • The Paper Store Kay Jewelers • Maurices • Pier 1 Imports Famous Footwear • Olympia Sports • Sears Walgreens • Verizon • Rite Aid • CVS HomeGoods • JCPenney • Shaw's • Hannaford Applebee's • Panera Bread • Burger King McDonald's • Chili's Bar & Grill • Denny's Dunkin Donuts • 99 Restaurant New Hampshire Wine & Liquor



L. Bent

STRATEGIC LOCATION

- Located at Exit 20 of I-89 (Route 12A)
 near the intersection of I-89 & I-91
- Minutes from Hanover, NH, home of Dartmouth College and Dartmouth Medical Center
- Over 2 million visitors per year for shopping, sightseeing, outdoor recreation & sports
- Short drive to the four seasons resorts of Quechee, Woodstock & Killington, VT
- Highly visible location in the heart of the region's prime retail shopping district
- Ample Parking

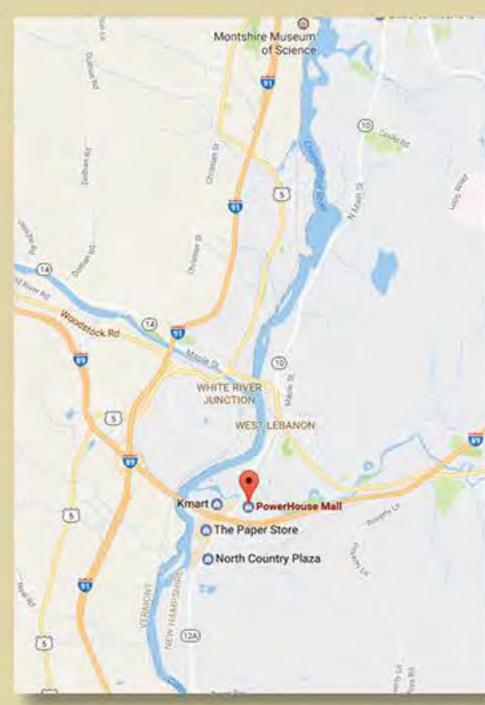


CONTACT US

Sarah Luhmann 603.359.7979 sarah.luhmann@valley.net

EverGreen Capital Partners, LLC 46 Centerra Parkway Suite 310 Lebanon, NH 03766

tel 603.643.6444 fax 603.643.6466



The PowerHouse Mall's fine shops and popular restaurant, surrounded by the beauty of the buildings, create a unique shopping experience.

An AIA award-winning retail development, the PowerHouse Mall combines the appeal and charm of village retail with the convenience and infrastructure of a premier lifestyle center.



Accelerating the Impact of Discovery

Dartmouth SYNERGY fosters innovation, improves the infrastructure for clinical and translational science, nurtures cross-disciplinary collaboration, and enhances translational research training.

- SYNERGY helps researchers find the tools they need to advance research and efficiently translate discoveries into improved population health
- SYNERGY connects to critical resources, funding opportunities, technologies, training, and expertise
- SYNERGY is available to Dartmouth scientists focused on clinical and translational research, and to their community partners

SYNERGY Research Navigator

Find the critical resources and services necessary to achieve success at any phase of a translational research plan. For personalized assistance, contact the Research Navigator:

navigator@synergy.dartmouth.edu

Online Resources: www.synergy.dartmouth.edu

Dartmouth SYNERGY

is supported in part through the National Institutes of Health (NIH) Clinical and Translational Science Award (CTSA) program. The CTSA program is led by the NIH's National Center for Advancing Translational Sciences (NCATS).

SYNERGY RESEARCH RESOURCES

Research Consultation

- Biostatistics Consultation Core
- Biomedical Informatics Core
- Research Design & Epidemiology Core
- Bioregistry

Clinical Research Support

- Clinical Research Unit
- Clinical Trials Office
- Recruitment & Retention Core
- Ethics Consultation Core

Access to Data

• Center for Translational Population Research

Translational Pilot Grants

▶EDUCATION, TRAINING, CAREER DEVELOPMENT

Certificate Program in Translational Research Methods, an annual one-week career development intensive

SYNERGY Scholars, a Mentored Career Development Program for research fellows and junior faculty scientists

SYNERGY Master's Program in Clinical and Translational Science, beginning in September 2015

Research Mentoring Program connecting early career investigators with senior mentors

DEVELOPING RESOURCES

- Community-Based Research Core
- Academic-Industry Core
- Regional Clinical Research Units