

D-HH Virtual Urgent Care

With D-HH Virtual Urgent Care, you can access a health care provider from wherever you may be — 24 hours a day, seven days a week, 365 days a year. Each virtual urgent care visit is just \$49 for employees and their dependents, which is a much lower cost than other urgent care visits or a trip to the emergency room.

You can meet with a provider by phone or secure video to get help with any non-emergency medical conditions such as upper respiratory symptoms, fever, rash, GI concerns, headache and more. Providers can diagnose your symptoms, prescribe medication and send prescriptions to your pharmacy of choice.

D-HH Virtual Urgent Care is staffed by providers within the Dartmouth-Hitchcock Health system as well as MDLIVE physicians.

To learn more visit: go.d-h.org/virtualurgentcare

myD-H

myD-H is available through the mobile app or desktop so you can easily and conveniently manage your health from your mobile device.

myD-H allows you to:

- Message your health care team
- Renew your prescription
- Check lab or other test results
- Review your after visit summary
- Manage your appointments
- Complete your questionnaire
- Pay bills online

How to create a myD-H account

Go to myD-H.org. Once you establish an account, you can follow the instructions to download the app to your mobile device.



Contact us

General Internal Medicine: (603) 653-9500

General Pediatrics: (603) 653-9663

Heater Road Primary Care: (603) 650-4000



Primary Care for Employees





Welcome!

As a Dartmouth-Hitchcock employee, you have access to some of the best medical providers in New England. We hope you will take advantage of receiving such great care, close to home and work!

Where can I go for care?

You can receive care at a couple different locations. Depending on the location, you will have access to the following:

- General Internal Medicine: patients 18 years and older
- Family Medicine: patients of all ages
- Pediatrics: patients 21 years and younger

What is Primary Care?

Dartmouth-Hitchcock's employee primary care offers comprehensive health care services, including:

Preventive medicine to keep you at your healthiest

Chronic disease management to help keep your chronic condition—such as high blood pressure or diabetes—under control

Same day access to take care of you right away when you're feeling ill

Care coordination with specialists

Minor surgical procedures, mole removal, vasectomies, IUD placement and removal

Primary care providers are trained to be the first person you call for most non-emergent health care needs.

Care locations:

Dartmouth-Hitchcock Medical Center,
One Medical Center Dr., Lebanon, NH

- Internal Medicine, 3M
- Pediatrics, 6L

Dartmouth-Hitchcock Heater Road,
18 Old Etna Rd, Lebanon, NH

- General Internal Medicine
- Family Medicine
- Pediatrics

Dartmouth-Hitchcock Lyme,
204 Dartmouth College Highway, Lyme, NH

- General Internal Medicine

Employee Express Care – For quick access to care

For immediate concerns the following locations and times are available:

4L Employee Express Care -
Call (603) 653-3849

- 6:00 am to 2:00 pm
Monday through Friday
- Nurse triage available at (603) 653-3871

General Internal Medicine walk-in clinic at 3M

- 8:00 am to 8:00 pm
Monday through Friday

How do I find a Primary Care Provider?

You can search for a provider through the D-H. org website. Simply click on "Find a Provider" on the top left of the home page.

