

Upper Valley Resource Guide

Lake Solitude, Mt. Sunapee
- Newbury, NH

Upper Valley Resource Guide

Welcome to the Upper Valley! We hope you find this guide helpful.


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Dartmouth Health Locations


[Alice Peck Day](#)

10 Alice Peck Day Dr.
Lebanon, NH 03766
 603-448-3121


[Cheshire Medical Center](#)

580 Court St.
Keene, NH 03431
 603-354-5400


[Dartmouth Health Concord](#)

253 Pleasant St.
Concord, NH 03301
 603-226-2200


[Dartmouth Health Lebanon](#)

One Medical Ctr. Dr.
Lebanon, NH 03756
 603-650-5000


[Dartmouth Health Manchester](#)

100 Hitchcock Way
Manchester, NH 03104
 603-695-2500


[Dartmouth Health Nashua](#)

2300 Southwood Dr.
Nashua, NH 03063
 603-577-4000


[Dartmouth Health Southwestern VT](#)

100 Hospital Dr.
Bennington, VT 05201
 802-442-6361

[Mt. Ascutney Hospital](#)

289 County Rd.
Windsor, VT 05089
 802-674-6711

[New London Hospital](#)

273 County Rd.
New London, NH 03257
 603-526-5000

[Visiting Nurse and Hospice for VT and NH](#)


88 Prospect St.
White River Junction, VT 05001
 888-300-8853

Apartments

[132 South Main Street](#)

132 S. Main St.
White River Junction, VT 05001
 603-727-9024


[195 Mechanic Street](#)

195 Mechanic Street
Lebanon, NH 03766
 603-632-5757


[241 South Main Street](#)

241 S. Main St.
White River Junction, VT 05001
 603-727-9024


[75 Bank Street](#)

75 Bank St.
Lebanon, NH 03766
 603-727-9024


[Altaria Luxury Apartments](#)

56 Alta Blvd.
Lebanon, NH 03766
 603-666-4518


[Audubon Timberwood Commons](#)

6 Timberwood Dr.
Lebanon, NH 03766
 603-727-9248


[Emerson Place](#)

21 Spencer St.
Lebanon, NH 03766
 603-448-9605


[Hanover Place Residences](#)

25 Foothill Street
Lebanon, NH 03766
 802-356-3297


[Juniper on Summit](#)

6 Juniper Circle
Lebanon, NH 03766
 603-727-4652


[Meadowbrook Village](#)

Highland Ave.
West Lebanon, NH 03784
 603-298-5610


[Monadnock Mill](#)

29 Water St.
Claremont, NH 03743
 978-992-7681


[Princeton Commons](#)

2 Winter St.
Claremont, NH 03743
 603-389-6760


[Prospect Hills](#)

25 Mountain View Dr.
Lebanon, NH 03766
 884-807-8846


[The Marek South](#)

343 Mt. Support Rd.
Lebanon, NH 03766
 603-550-7777

[Stone Farm](#)

42 Wolf Rd.
Lebanon, NH 03766
 603-448-9400

[Tree Tops](#)

69 Etna Road
Lebanon, NH 03766
 603-448-8808



Apartment Searches

[Apartments.com](#)

[Dartmouth College Rental Website](#)

[Dartmouth Health Rental Website](#)

[DartList](#)

[Furnished Finder](#)

[Moseley Associates](#)

[New England Family Housing](#)

[Purcell Properties](#)

[Real Property Management](#)

[Real Property Options](#)

[River Valley Property Management](#)

[The Simpson Companies](#)

[Trulia](#)


[Vanessa Stone Realty](#)

[Zillow](#)



Banks


[802 Credit Union](#)

614 N. Hartland Rd.
Hartford, VT 05001
 802-295-7805


[Bank of America](#)

1 Medical Center Dr. (In DHMC)
Lebanon, NH 03756
ATM Only


[Bank of America](#)

63 S. Main St.
Hanover, NH 03755
 603-643-1057


[Bar Harbor Bank & Trust](#)

68 S. Main St.
Hanover, NH 03755
 603-643-3238


[Bar Harbor Bank & Trust](#)

83 Main St.
West Lebanon, NH 03784
 603-298-7500


[Bar Harbor Bank & Trust](#)

200 Heater Rd.
Lebanon, NH 03766
 603-448-2566


[Bar Harbor Bank & Trust](#)

106 Hanover St.
Lebanon, NH 03766
 603-448-0101


[Bar Harbor Bank & Trust](#)

468 US Route 4
Enfield, NH 03748
 603-632-4438


[Citizens Bank](#)

1 Interchange Dr.
West Lebanon, NH 03784
 603-298-8715


[Citizens Bank](#)

44 S. Main St.
Hanover, NH 03755
 603-640-1165

[Claremont Savings Bank](#)

106 North Main St.
West Lebanon, NH 03784
 603-690-2402


[Claremont Savings Bank](#)

145 Broad St.
Claremont, NH 03743
 603-542-7711


[Community Bank N.A.](#)

25 Ralph Lehman Dr.
White River Junction, VT 05001
 802-295-2307

[Ledyard National Bank](#)

67 Main St.
West Lebanon, NH 03784
 603-298-9444


[Ledyard National Bank](#)

42 Old Etna Rd.
Lebanon, NH 03766
 603-448-2220


[Ledyard National Bank](#)

66 Benning St.
West Lebanon, NH

[Ledyard National Bank](#)

38 Main St.
Hanover, NH 03755
 603-643-2244

[Ledyard National Bank](#)

50 Lebanon St.
Hanover, NH 03755
 603-643-2244



[Ledyard National Bank](#)

320 Main St.
Norwich, VT 05055
☎ 802-649-2050

[Mascoma Savings Bank](#)

13 Main St.
Enfield, NH 03748
☎ 603-632-5556

[Mascoma Savings Bank](#)

67 North Park St.
Lebanon, NH 03766
☎ 603-443-8612

[Mascoma Savings Bank](#)

70 Main St.
West Lebanon, NH 03784
☎ 603-298-5933

[Mascoma Savings Bank](#)

263 Maple St.
White River Junction, VT 05001
☎ 802-295-5456

[Mascoma Savings Bank](#)

225 Lebanon St., Suite 2
Hanover, NH 03755
☎ 603-643-9829

[Mascoma Savings Bank](#)

243 Sykes Mountain Ave.
White River Junction, VT 05001
☎ 802-295-2223

[Mascoma Savings Bank](#)

80 South Main St.
Hanover, NH 03755
☎ 603-643-1537

[Mascoma Savings Bank](#)

303 Main St.
Norwich, VT 05055
☎ 802-649-1220

[Northeast Credit Union](#)

199 Heater Rd.
Lebanon, NH 03766
☎ 888-436-1847

[Service Credit Union](#)

225 Mechanic St.
Lebanon, NH 03766
☎ 800-936-7730

[Service Credit Union \(in DHMC\)](#)

1 Medical Center Dr.
Lebanon, NH 03756
☎ 800-936-7730



Cable/Internet Companies

[Xfinity](#)

[Consolidated Communications](#)

[DirectTV](#)

[Dish Network](#)

[ECFiber](#)


[HughesNet](#)

[Wavecomm](#)




Cellular Service Providers


[AT&T](#)

1 Airport Rd.
West Lebanon, NH 03784
 603-276-3676


[Verizon Wireless](#)

267 Plainfield Rd.
West Lebanon, NH 03784
 603-298-9900

[US Cellular](#)

126 Washington St.
Claremont, NH 03743
 603-543-1361

[Xfinity](#)

200 S. Main St., Unit 5
West Lebanon, NH 03784
 800-934-6489

Child Care

[ABC's Child Care Center](#)

273 County Rd.
New London, NH
☎ 603-526-5242

[Busy Bees Child Care Center](#)

1284 NH-120
Meriden, NH 03770
☎ 603-469-3800

[ChildCare Aware of America](#)

☎ 703-341-4100

[Child Care Center Norwich](#)

75 Montshire Rd.
Norwich, VT
☎ 802-649-1403

[Children's Center of the Upper Valley](#)

178 Mechanic St.
Lebanon, NH 03766
☎ 603-448-1615

[Cradle & Crayon/CRREL Child Development Center](#)

72 Lyme Rd.
Hanover, NH 03755
☎ 603-646-4242

[Dartmouth College Child Care Center](#)

21 Reservoir Rd.
Hanover, NH 03755
☎ 603-646-6610

[DHMC Child Care Center](#)

1 Medical Center Drive
Lebanon, NH 03756
☎ 603-650-9700

[Early Care & Education Association](#)

PO Box 5428
West Lebanon, NH 03784
☎ 603-915-1207

[Family Center/Molly's Place](#)

☎ 603-653-9899

[FitKids Childcare at RVC](#)

14 Lafayette St.
Lebanon, NH 03766
☎ 603-643-8650 x105

[Green Mountain Children's Center](#)

90 Charlestown Rd.
Claremont, NH 03743
☎ 603-543-0391

[Kids World Academy of NH](#)

648 John Stark Highway
Newport, NH 03773
☎ 603-863-5113

[La Petite Creche](#)

5 Summer St.
Hanover, NH 03755
☎ 603-643-0451

[Montessori Discovery School](#)

112 Etna Road
Lebanon, NH 03766
☎ 603-667-8166

[Ready Set Grow](#)

10 Royce St.
Claremont, NH 03743
☎ 603-287-7900

[The Kids Place](#)

167 Summer St.
Newport, NH 03773
☎ 603-863-1010

[Twin River Children's Center](#)

76 Seminary Hill
West Lebanon, NH 03784
☎ 603-298-7405

[Upper Valley Strong, Childcare & Family Resources](#)

☎ 603-653-6818

Churches and Places of Worship

[Aquinas House](#)

2 Occom Rdg.
Hanover, NH 03755
☎ 603-643-2154

[Calvary Independent Baptist Church](#)

90 Riverside Drive
Lebanon, NH 03766
☎ 603-443-9985

[Canaan Assembly Of God](#)

1162 US Route 4
Canaan, NH 03741
☎ 603-523-4870

[Canaan United Methodist Church](#)

Us Route 4
Canaan, NH 03741
☎ 603-523-7980

[Chabad at Dartmouth](#)

19 Allen St
Hanover, NH 03755
☎ 603-643-9821

[Christ Redeemer Church](#)

Hanover High School
Hanover, NH 03755
☎ 603-643-5588

[Christian Science Reading Room](#)

1 School St
Hanover, NH 03755
☎ 603-643-3919

[Church Of Christ at Dartmouth College](#)

40 College St, Suite 1
Hanover, NH 03755
☎ 603-643-3150

[Church of Jesus Christ of Latter Day Saints](#)

667 Dartmouth College Hwy.
Lebanon, NH 03766
☎ 603-448-1937

[Community Lutheran Church](#)

96 Main St
Enfield, NH 03748
☎ 603-632-5812

[Congregation Shir Shalom](#)

1680 West Woodstock Rd.
Woodstock, VT 05091
☎ 802-457-4840

[Dartmouth Hillel/Hillel Roth Center For Jewish Life](#)

5 Occom Rdg.
Hanover, NH 03755
☎ 603-646-0410

[Dartmouth Health Chapel](#)

Level 3, by Norris Cotton Cancer Center
Lebanon, NH 03756
☎ 603-650-7939

[Enfield United Methodist Church](#)

314 NH Route 4
Enfield, NH 03748
☎ 603-632-5030

[Episcopal Church of St Andrews](#)

52 Gould Rd.
New London, NH 03257
☎ 603-526-6344

[First Baptist Church of Etna & Hanover Center](#)

195 Etna Rd.
Etna, NH 03750
☎ 603-643-2618

[First Baptist Church](#)

11 School St.
Lebanon, NH 03766
☎ 603-448-5618

[First Baptist Church of New London](#)

461 Main St.
New London, NH 03257
☎ 603-526-6511

[First Church-Christ Scientist](#)

1 School St.
Hanover, NH 03755
☎ 603-643-3919

[First Church-Christ Scientist](#)

71 River St.
Woodstock, VT 05091

[First Congregational Church of Hanover Ctr.](#)

Parade Ground Rd.
Etna, NH 03750
☎ 603-643-2618

[First Congregational Church of Lebanon](#)

10 S. Park St.
Lebanon, NH 03766
☎ 603-448-4281

[First Congregational Church of Woodstock](#)

36 Elm St.
Woodstock, VT 05091
☎ 802-457-9818

[Friends Meeting Hanover](#)

43 Lebanon St.
Hanover, NH 03755
☎ 603-643-4138

[Grantham United Methodist Church](#)

418 Rte. 10 S.
Grantham, NH 03753
☎ 603-863-7824

[Greater Hartford United Church Of Christ](#)

1721 Maple St.
Hartford, VT 05047
☎ 802-295-9635

[Hindu Temple at Dartmouth College](#)

29 College St.
Hanover, NH 03755
☎ 603-646-3780

[Holy Resurrection Orthodox Church](#)

99 Sullivan St.
Claremont, NH 03743
☎ 603-542-6273

[Islamic Society of Vermont](#)

400 Swift Street S.
Burlington, VT 05401
☎ 802-655-6711

[Jehovah's Witnesses](#)

57 Daisy Hill Rd.
Lebanon, NH 03766
☎ 603-448-0700

[Karme-Choling Buddhist Meditation Center](#)

369 Patneaude Ln.
Barnet, VT 05821
☎ 802-633-2384

[Crosspoint Church Assembly of God](#)

45 Buckingham Pl.
Lebanon, NH 03766
☎ 603-448-3333

[Lebanon United Methodist Church](#)

18 School St.
Lebanon, NH 03766
☎ 603-448-5478

[Living Waters Bible Church](#)

48 Wescott Rd.
Enfield, NH 03748
☎ 603-443-3400

[Lyme Congregational Church](#)

1 Dorchester Rd.
Lyme, NH 03768
☎ 603-795-2850

[Meriden Congregational Church](#)

5 Mitchell Dr.
Meriden, NH 03770
☎ 603-469-3235

[Methodist Church](#)

106 Gates St.
White River Junction, VT 05001
☎ 802-295-7091

[Mindfulness Practice Center \(Open Door\)](#)

18 North Main St.
White River Junction, VT 05001
☎ 802-478-4346

[Muslim Prayer Room at Dartmouth College](#)

Within North Fairbanks Hall
Hanover, NH 03755
☎ 603-646-3780

[North Universalist Congregation of the Upper Valley](#)

7 Church St.
Woodstock, VT 05091
☎ 802-457-2557

[Norwich Congregation Church](#)

15 Church St.
Norwich, VT 05055
☎ 802-649-1433

[Olivet Baptist Church](#)

44 Maple St.
West Lebanon, NH 03784
☎ 603-298-5639

[Our Lady of Fatima Parish](#)

724 Main St.
New London, NH 03257
☎ 603-526-4484

[Our Savior Lutheran Church](#)

5 Summer St.
Hanover, NH 03755
☎ 603-643-3703

[Plainfield Seventh Day Adventist Church](#)

1050 Route 12A
Plainfield, NH 03781
☎ 603-675-2455

[Praise Chapel Christian Outreach Training Center](#)

1615 Maple St.
Hartford, VT 05047
☎ 802-295-5738

[Providence Presbyterian Church](#)

99 Maple St.
Lebanon, NH 03766
☎ 603-790-8165

[Riverbank Church](#)

246 Holiday Dr., Suite 3
White River Junction, VT 05001
☎ 603-359-6063

[Riverbank Church](#)

345 Washington St.
Claremont, NH 03743
☎ 603-359-6063

[Rollins Chapel at Dartmouth College](#)

29 College St.
Hanover, NH 03755
☎ 603-646-3780

[Sacred Heart Parish](#)

2 Hough St.
Lebanon, NH 03766
☎ 603-448-1262

[Shambala Meditation Center](#)

158 South Main St.
White River Junction, VT 05001
☎ 802-296-6225

[St. Anthony Parish](#)

15 Church St.
White River Junction, VT 05001
☎ 802-295-2225

[St. Barnabas Church](#)

262 Main St.
Norwich, VT 05055
☎ 802-649-1923

[St. Denis Rectory](#)

8 Sanborn Rd.
Hanover, NH 03755
☎ 603-643-2166

[St. Helena Parish](#)

36 Shaker Hill Rd.
Enfield, NH 03748
☎ 603-632-4263

[St. Mary's Mission](#)

US Rte. 4
Canaan, NH 03741
☎ 603-632-4263

[St. Paul's Episcopal Church](#)

749 Hartford Ave.
Hartford, VT 05047
☎ 802-295-5415

[St. Thomas Episcopal Church](#)

9 W Wheelock St.
Hanover, NH 03755
☎ 603-643-4155

[The Heart of the Valley Mindfulness Practice Center](#)

75 Beaver Meadow Rd.
Norwich, VT 05055

[The Tucker Meditation Room at Dartmouth College](#)

Cemetery Lane, Tucker Center
Hanover, NH 03755
☎ 603-646-3780

[Trinity Anglican Church](#)

851 Fairview Terrace
White River Junction, VT 05001
☎ 603-866-2169

[Trinity Baptist Church](#)

428 N. Main St.
West Lebanon, NH 03784
☎ 603-643-2848

[Union Church](#)

Route 4A
Enfield Center, NH 03748
☎ 603-632-4776

[Unitarian Universalist Congregation](#)

320 Us Route 5 S.
Norwich, VT 05055
☎ 802-649-8828

[United Church of Thetford](#)

5470 Route 5
North Thetford, VT 05054
☎ 802-333-4429

[United Congregational Church](#)

617 NH Route 10
Orford, NH 03777
☎ 603-353-4364

[United Methodist Church](#)

165 Main St.
Windsor, VT 05089
☎ 802-674-3443

[Upper Valley Zen Center](#)

58 Bridge St.
White Ricer Junction, VT 05001
☎ 603-448-4877

[Valley Bible Church](#)

851 Fairview Ter.
White River Junction, VT 05001
☎ 802-295-5000

[Valley Insight Meditation Society](#)

16 Green St.
Lebanon, NH 03766
☎ 802-649-7062

[Wellspring Worship Center](#)


407 N. Main St.
West Lebanon, NH 03784
☎ 603-643-2700

[West Lebanon Congregational Church](#)


18 Maple St.
West Lebanon, NH 03784
☎ 603-298-8096

Clothing/Department Stores


[37 Central Clothiers](#)

43 Main St., #2
Hanover, NH 03755
 603-277-9147


[Adorn Boutique](#)

2nd floor - Powerhouse Mall
 603-558-2275


[Clay's](#)

Powerhouse Mall, 8 Glen Rd.
West Lebanon, NH 03784
 603-298-6045


[Country Kids Clothing](#)

Powerhouse Mall, 8 Glen Rd.
West Lebanon, NH 03784
 603-790-8168

[Dartmouth Co-op](#)

21 South Main St.
Hanover, NH 03755
 603-643-3100


[Eastern Mountain Sports](#)

Powerhouse Mall, 8 Glen Rd.
West Lebanon, NH 03784
 603-298-7716


[Famous Footwear](#)

250 Plainfield Rd.
West Lebanon, NH 03784
 603-298-6762


[Farm-Way Inc.](#)

286 Waits River Rd.
Bradford, VT 05033
 800-222-9316


[FatFace](#)

23 S. Main St.
Hanover, NH 03755
 603-277-2184


[Gap Outlet](#)

250 Plainfield Rd.
West Lebanon, NH 03784
 603-298-7163


[Gear Again](#)

93 S. Main St.
White River Junction, VT 05001
 802-299-5679


[Griff & Company Boutique](#)

Powerhouse Mall, 8 Glen Rd.
West Lebanon, NH 03784
 603-738-9593


[Home Goods](#)

248 N. Plainfield Rd.
West Lebanon, NH 03784
 603-298-2118


[Hubert's Family Outfitters](#)

410 Miracle Mile
Lebanon, NH 03766
 603-448-6551


[Indigo](#)

22 S. Main St.
Hanover, NH 03755
 603-643-3343


[J. Crew](#)

20 South Main St.
Hanover, NH 03755
 603-643-5082

[J. McLaughlin](#)

33 S. Main St.
Hanover, NH 03755
 603-653-8084

[Kohl's](#)

250 Plainfield Rd.
West Lebanon, NH 03784
 603-619-6787



[L.L. Bean](#)

Powerhouse Mall, 8 Glen Rd.
West Lebanon, NH 03784
☎ 877-996-2463

[LISTEN Thrift Store](#)

387 Miracle Mile
Lebanon, NH 03766
☎ 603-448-2510

[Maurice's](#)

250 Plainfield Rd.
West Lebanon, NH 03784
☎ 603-298-3391

[Old Navy](#)

250 N. Plainfield Rd.
West Lebanon, NH 03784
☎ 603-790-8336

[Omer and Bob's Sportshop](#)

20 Hanover St.
Lebanon, NH 03766
☎ 603-448-3522

[Revolution](#)

26 North Main St.
White River Jct., VT
☎ 802-295-6487

[Sierra](#)

200 S. Main St.
West Lebanon, NH 03784
☎ 603-298-7356

[Super Shoes](#)

184 S. Main St.
West Lebanon, NH 03784
☎ 603-298-8317

[Target](#)

200 S. Main St.
West Lebanon, NH 03784
☎ 603-276-4316

[T.J. Maxx](#)

200 S. Main St.
West Lebanon, NH 03784
☎ 603-298-8733

[Talbots](#)

7 Lebanon St.
Hanover, NH 03755
☎ 603-643-1600

[The Collection](#)

25 South Main St.
White River Jct., VT 05001
☎ 802-291-9959

[The Pink Alligator](#)

1 Glen Rd. Plaza
West Lebanon, NH 03784
☎ 603-790-8436

[Uplifting Thrifting](#)

102 Railroad Row
White River Junction, VT 05001
☎ 802-281-8700

[Walmart](#)

285 Plainfield Rd.
West Lebanon, NH 03784
☎ 603-298-5014

Computer Stores

Best Buy

274 Plainfield Rd.
West Lebanon, NH 03784
☎ 603-298-7353

NHVT Computer Services, LLC

3 High St.
Lebanon, NH 03766
☎ 603-448-2110

Staples

254 Plainfield Rd.
West Lebanon, NH 03784
☎ 603-298-5260

Systems Plus

390 Miracle Mile, Suite 2
Lebanon, NH 03766
☎ 603-643-5800



Crisis Resources

[988 Suicide & Crisis Lifeline](#) 📞 800-273-TALK (8255)

The Lifeline provides 24/7; free and confidential support for people in distress, prevention and crisis resources.

[Alcoholics Anonymous](#) 📞 800-593-3330

NH Area Assembly

Various locations/meetings in the Sullivan and Grafton County area

[H.A.L.O.](#) 📞 603-523-8804

HALO provides individual, group and family therapy as well as coordination of care for psychiatric and medication services.

[Headrest](#) 📞 603-448-4872

A non-profit organization with a mission to assist those affected by substance use disorder, experiencing a crisis, or in need of support by providing effective programs and treatments

[Health Care & Rehabilitation Services of Southeastern Vermont](#) (HCRS) 📞 800-622-4235

The HCRS Crisis Team is staffed with special trained mental health professionals available whom can speak with individuals in crisis 24 hours/day via phone or can meet individuals in their offices, hospital ER or other settings.

[Homeless Resources](#) 📞 603-448-2944

[Love is Respect](#) 📞 866-331-9474

National dating abuse helpline.

[National Domestic Violence Hotline](#) 📞 800-799-7233

Reach advocates 24/7/365 to get support. No names, no fees, and no judgment. Just help.

[National Sexual Assault \(RAINN\) Hotline](#) 📞 800.656.HOPE (4673)

The National Sexual Assault Hotline is a safe, confidential service. When you call the hotline, only the first six numbers of the phone number are used to route the call, and your complete phone number is never stored in the system.

[NH National Rehab Hotline](#) 📞 844-711-HELP (4357)

Confidential, 24/7, judgement free. Trained counselors available to listen and help individuals struggling with addiction or substance use take the next steps that are right for them.

[Poison Control](#) 📞 800-222-1222

Poison Control Centers provide poison expertise and treatment advice by phone. Poison centers are staffed by pharmacists, physicians, nurses and poison information providers who are toxicology specialists.

[Substance Abuse and Mental Health Services Administration](#) 📞 800-662-HELP

Confidential, free, 24/365 information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.

[The Doorway](#) 📞 603-653-1860

The Doorway at DHMC is part of a statewide initiative to address the growing opioid crisis. DHMC serves as a hub for Western New Hampshire. If you or someone you know is experiencing an addiction related crisis, call 211 now (24/7).

[West Central Behavioral Health](#) 📞 833-710-6477

New Hampshire community-based, mental health organization serving the needs of individuals and families which offers a wide range of specialized services for individuals struggling with emotional, behavioral or addictive disorders.

[WISE](#)

📞 866-348-WISE (9473)

WISE provides advocacy, crisis services, and community education to those affected by domestic and sexual violence and stalking throughout the Upper Valley region of New Hampshire and Vermont.





Dartmouth Health Institutional Resources & Support

Employee Wellness Services

☎ 603-650-5950

- Resources/services that motivate, encourage, and promote healthy lifestyles and foster resilience including: Health Risk and Wellness Assessment, MindStrength mindfulness training, health and lifestyle coaching, diet and nutrition resources, fitness rooms, onsite fitness classes and more!

Graduate Medical Education

☎ 603-650-5748

- The GME Office is a safe place where residents/fellows can seek help with various needs including academic counseling, coaching and mentoring.

Employee Assistance Program

☎ 603-650-5819

dhmc.eap@hitchcock.org

- Confidential and free counseling services which include up to six in-person visits/year and 24/7 telephonic counseling.

Lactation Rooms

A Lactation Room for residents, fellows and medical students is available in the Geisel School of Medicine call room hall. Please reach out to gme.office@hitchcock.org for hallway access and a code to the lactation room door.

Features:

- 2 pumps to use with your own tubing
- Mini fridge for milk storage
- Microwave
- 2 computers with chairs and desk space
- Comfortable chair
- Storage cubbies for pumps (coming soon)

Residents and fellows may also access the multiple Mamava pods (code 8008).

[Chaplaincy Department](#)

📞 603-650-7939

- The chaplaincy provides personal support, crisis intervention, spiritual care and guidance, short-term counseling and liaison with local religious communities.
- The chapel is a place of public workshop and private meditation and is open 24 hours a day to patients, visitors, and staff. Located on Level 3 by the Norris Cotton Cancer Center.

[Employee Care Express](#)

📞 Nurse Triage: 603-653-3850

For immediate concerns, you can get walk-in care at the following locations and times:

4L Employee Care Express: 6:00am to 2:00pm, Monday-Friday

3M General Internal Medicine Walk-In Clinic: 2:00 to 8:00pm, Monday-Friday and 8:00am to noon on Saturdays

[Dartmouth Health's Employee Primary Care](#)

📞 General Internal Medicine: 603-650-9500

📞 Pediatrics: 603-653-9663

📞 Heater Road Primary Care: 603-650-4000

- Dartmouth Health's employee primary care offers comprehensive health care services, including preventive medicine, chronic disease management, same day access, care coordination and minor surgical procedures.

[Occupational & Environmental Medicine](#)

📞 603-653-3850

- Occupational and Environmental Medicine provides a wide range of services including immunizations, care for employees exposed to an infectious disease, workplace injuries and employee health screenings.

[Center for Learning & Professional Development](#)

- Educational and professional skills development courses offered throughout the DH system to become more effectively personally, with your team, and with your patients. Visit Halogen to enroll.



Dry Cleaners

[The Laundry Spa](#)

2 Mascoma St.
Lebanon, NH 03766
📞 603-448-6600

[New London Cleaners](#)

25 Lebanon St.
Hanover, NH 03755
📞 603-277-9541



Electricians

[Double D & Electric](#)

8 Sunrise Farm Ln.
Enfield, NH 03748
📞 603-632-7672

[Richard Electric Inc.](#)

131 A St.
Wilder, VT 05088
📞 802-295-3894

[Interstate Electrical Services](#)

211 Olcott Dr.
White River Junction, VT 05001
📞 855-500-4372

[Schaal Electric](#)


Wilder, VT 05088
📞 802-295-3988

[MG Electric](#)


218 George Hill Rd.
Enfield, NH 03748
📞 603-632-3737

Elementary Schools


[Canaan Elementary School](#)

31 School St.
Canaan, NH 03741
 603-523-4312

[Cornish Elementary School](#)

274 Town House Rd.
Cornish, NH 03745
 603-675-5891


[Crossroads Academy](#)

95 Dartmouth College Hwy.
Lyme, NH 03768
 603-795-3111


[Dothan Brook School](#)

2300 Christian St.
White River Junction, VT 05001
 802-295-8647


[Enfield Village School](#)

271 US Rte. 4
Enfield, NH 03748
 603-632-4231


[Grantham Village School](#)

75 Learning Dr.
Grantham, NH 03753
 603-863-1681


[Hanover Street School](#)

193 Hanover St.
Lebanon, NH 03766
 603-448-2945


[Kearsarge Regional Elementary School at New London](#)

64 Cougar Ct.
New London, NH 03257
 603-526-4737


[Marion Cross School](#)

22 Church St.
Norwich, VT 05055
 802-649-1703


[Mount Lebanon School](#)

5 White Ave.
West Lebanon, NH 03784
 603-298-8202


[Open Fields School](#)

37 Academy Rd.
Thetford, VT 05074
 802-785-2077


[Ottauquechee School](#)

304 Dody Ln.
Quechee, VT 05059
 802-295-8654


[Plainfield School](#)

92 Bonner Rd.
Meriden, NH 03770
 603-469-3250


[The Ray School](#)

26 Reservoir Rd.
Hanover, NH 03755
 603-643-6655


[Samuel Morey Elementary School](#)

214 School St.
Fairlee, VT 05045
 802-333-9755


[Sunapee Elementary](#)

22 School St.
Sunapee, NH 03782
 603-763-5675

[The Lyme School](#)

35 Union St.
Lyme, NH 03768
 603-795-2125

[Thetford Elementary School](#)

2689 Rte. 113
Thetford, VT 05074
 802-785-2426



[White River School](#)

102 Pine St.
White River Junction, VT 05001
📞 802-295-8650

[Windsor School](#)

127 State St.
Windsor, VT 05089
📞 802-674-9822





Farmers Markets/Farm Stands

[Canaan Farmers Market - Sundays](#)

Intersection of Routes 4 & 118
Canaan, NH 03741

[Crossroad Farm Farmstand - \(May-October\)](#)

163 Route 5 South, Norwich VT 05055
☎ 802.649.2852

[Edgewater Farm Stand \(June-October\)](#)

246 NH Route 12A
Plainfield, NH 03781
☎ 603-298-5764

[Lebanon Farmers Market - Thursdays](#)

Colburn Park
Lebanon, NH 03766

[Norwich Farmers Market - Saturdays](#)

Summer: Outdoors May-October 301
Route 5 South, Norwich, VT

Winter: Tracy Hall when available,
check website for information.

☎ 802-384-7447

[Stern's Quality Produce – Year Round](#)

83 Pine St.
White River Junction, VT 05001

☎ 802-296-2247



Furniture

Aaron's

216 Washington St, #1
Claremont, NH 03743
☎ 603-542-0917

Allard's Unfinished Furniture

100 Dewitt Dr.
White River Junction, VT 05001
☎ 802-295-2333

Americas Mattress

11 Interchange Dr.
West Lebanon, NH 03784
☎ 603-790-8359

BigLots!

216 Washington St.
Claremont, NH 03743
☎ 603-542-3191

Brown Furniture

14 Interchange Dr.
West Lebanon, NH 03784
☎ 603-298-5755

Cash and Carry Furniture

218 Washington St.
Claremont, NH 03743
☎ 603-542-5131

Consign and Design Center LLC

35 Main St.
West Lebanon, NH 03784
☎ 603-298-2100

Gilberte Interiors, Inc.

10 Allen St.
Hanover, NH 05055
☎ 603-643-3727

Great Northern Liquidation

144 Springfield Plaza
Springfield, VT 05156
☎ 802-885-6464

Holmquist Furniture

67 Main Street
Enfield, NH 03748
☎ 603-995-6863

Home Goods

248 North Plainfield Rd.
West Lebanon, NH 03784
☎ 603-298-2118

LISTEN Thrift & Furniture Store

42 Maple St, Ste. 2
White River Junction, VT 05001
☎ 802-295-9217

[Love's Bedding & Furniture](#)

185 Washington St.
Claremont, NH 03743
☎ 603-945-7220

[Mattress Firm](#)

254 N. Plainfield Rd.
West Lebanon, NH 03784
☎ 603-298-6236

[Pompanoosuc Mills](#)

3 Lebanon St
Hanover, NH 03755
☎ 603-643-1530

[Rent-a-Center](#)

200 S. Main St.
West Lebanon, NH 03784
603-298-8136

[T.J. Maxx](#)

200 Main St.
West Lebanon, NH 03784
☎ 603-298-8733

[Uncommon Home](#)

42 N. Main St.
White River Junction, VT 05001
☎ 802-295-9404

[Vintage Home Center](#)

14 S. Main St.
West Lebanon, NH 03784
☎ 802-376-1051



Garden Supplies

Edgewater Farm

Monday-Saturday: 10am-5:30pm
Sundays: 10am-4:30pm (seasonal)

Gardner's Supply Company

220 Mechanic St.
Lebanon, NH 03766
☎ 603-448-6110

Target

200 S. Main St.
West Lebanon, NH 03784
☎ 603-276-4316

The Home Depot

296 Plainfield Rd.
West Lebanon, NH 03784
☎ 603-298-9540

Tractor Supply

360 Miracle Mile
Lebanon, NH 03766
☎ 603-448-4411

WalMart

285 Plainfield Rd.
West Lebanon, NH 03784
☎ 603-298-5014

West Lebanon Feed and Supply

12 Railroad Ave.
West Lebanon, NH 03784
☎ 603-298-8600



Grocery Stores

[Asian Super Store](#)

On The Mall, 24 Hanover St., #4
Lebanon, NH 03766
☎ 603-448-6550

[BJ's Wholesale Club](#)

262 Plainfield Rd.
West Lebanon, NH 03784
☎ 603-298-9418

[Co-Op Market \(Smaller Store\)](#)

43 Lyme Rd.
Hanover, NH 03755
☎ 603-643-2725

[George's Market](#)

66 Main St.
Enfield, NH 03748
☎ 603-632-7443

[Hannaford](#)

8 Market St.
West Lebanon, NH 03784
☎ 603-298-6642

[Hanover Co-Op](#)

45 S. Park St.
Hanover, NH 03755
☎ 603-643-2667

[Lebanon Co-Op](#)

12 Centerra Pkwy
Lebanon, NH 03766
☎ 603-643-4889

[Market Basket](#)

345 Washington St.
Claremont, NH 03743
☎ 603-543-1444

[Price Chopper](#)

285 Plainfield Rd.
West Lebanon, NH 03784
☎ 603-298-9670

[Price Chopper](#)

370 Miracle Mile
Lebanon, NH 03766
☎ 603-448-3970

[Shaw's Supermarket](#)

10 Benning Dr.
West Lebanon, NH 03784
☎ 603-298-0388

[Stern's Quality Produce](#)

83 Pine St.
White River Junction, VT 05001
☎ 802-296-2247

[Target Grocery](#)

200 S. Main St.
West Lebanon, NH 03784
☎ 603-276-4316

[Upper Valley Food Cooperative](#)

193 N. Main St.
White River Junction, VT 05001
☎ 802-295-5804

[White River Jct VT Co-Op](#)


209 Maple St.
White River Junction, VT 05001
☎ 802-295-3400

[Yipings Asian Market](#)


55 S. Main St.
West Lebanon, NH 03784
☎ 603-928-7267

Gyms


[Ancient Healing Arts Yoga Studio](#)

85 North Main St.
White River Junction, VT 05001
 802-359-7151


[Anytime Fitness](#)

66 Benning St. Suite 2
West Lebanon, NH 03784
 603-298-6770


[Baan Muay Thai](#)

2 Mascoma St.
Lebanon, NH 03766
 603-748-1445


[Bikram Yoga Upper Valley](#)

1011 North Main St., Unit 5
White River Junction, VT 05001
 802-698-8160

[CCBA \(Carter Community Building Association\)](#)

1 Taylor St.
Lebanon, NH 03766
 603-448-6477


[CROM Fitness](#)

443 Miracle Mile
West Lebanon, NH 03784
 603-252-0799


[CrossFit Off The Green](#)

75 Bank Street
Lebanon, NH 03766


[Curves](#)

860 Hartford Ave
White River Junction, VT
 802-295-9696


[Gracie Jiu Jitsu of the Upper Valley](#)

45 Hanover St.
Lebanon, NH 03766
 603-676-7838


[Green Mountain Rock Climbing Center](#)

223 Woodstock Ave.
Rutland, VT 05701
 802-773-3343


[Hanover Yoga](#)

68 Lyme Rd.
Hanover, NH 03755
 603-795-2253


[KDR Fitness](#)

784 HR Rte. 4A
Enfield, NH 03748
 603-213-4524


[Mighty Yoga](#)

10 Allen St.
Hanover, NH 03755
 603-676-6016


[Mountainside Racquet & Fitness Center](#)

23 Summit Rd.
New London, NH 03257
 603-526-9293


[Okinawan Karate Academy](#)

351 Miracle Mile
Lebanon, NH 03766
 603-448-2662


[River Valley Club](#)

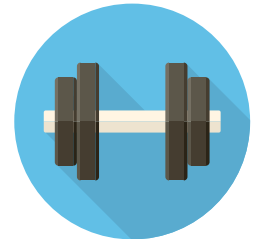
Centerra Park, 33 Morgan Dr.
Lebanon, NH 03766
 603-643-7720

[Synergetic Fitness](#)

22 Shaw Street
Lebanon, NH 03766
 603-667-5563

[The Center For Integrative Health](#)


45 Lyme Rd. #200
Hanover, NH 03755
 603-643-0066




[The Studio Yoga & Fitness](#)

1011 N. Main St., Ste. 5
White River Junction, VT 05001


[Upper Valley Yoga](#)

58 N. Main St., #206
White River Junction, VT 05001
 802-785-4052


[UVAC \(Upper Valley Aquatic Center\)](#)

100 Arboretum Ln.
White River Junction, VT 05001
 802-296-2850

[Wayne's World Elite Fitness Training](#)

85 Mechanic St. Suite H1-3
Lebanon, NH 03766
 704-284-9678

[West Lebanon Fit Body Bootcamp](#)

8 Glen Road, Ste. 32
West Lebanon, NH 03784
 603-790-8091



Hardware Stores

[Canaan Hardware and Supply](#)

7 On the Common Ln.
Canaan, NH 03741
☎ 603-523-4352

[Fogg's Hardware and Building Supply \(Ace\)](#)

301 US Route 5 S.
Norwich, VT 05055
☎ 802-649-2958

[LaValley Building Supply](#)

5 Airport Rd.
West Lebanon, NH 03784
☎ 603-298-5641

[Lyme Hardware \(Ace\)](#)

5 Main St.
Lyme, NH 03768
☎ 603-795-2220

[The Home Depot](#)

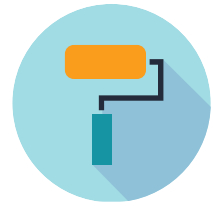
296 Plainfield Rd.
West Lebanon, NH 03784
☎ 603-298-9540

[The Home Depot](#)

451 Washington St.
Claremont, NH 03743
☎ 603-542-4471

[Tractor Supply](#)

360 Miracle Mile
Lebanon, NH 03784
☎ 603-448-4411





Higher or Further Education

[Colby-Sawyer College](#)

541 Main St.
New London, NH 03257
☎ 603-526-3000

[Dartmouth College](#)

6016 McNutt Hall
Hanover, NH 03755
☎ 603-646-1110

[Franklin Pierce University at Lebanon](#)

24 Airport Rd., Ste. 19
West Lebanon, NH 03784
☎ 603-298-5549

[Geisel School of Medicine at Dartmouth](#)

3 Rope Ferry Rd.
Hanover, NH 03755
☎ 603-646-5800

[Plymouth State University](#)

17 High St.
Plymouth, NH 03264
☎ 603-535-5000

[River Valley Community College-Claremont](#)

1 College Pl.
Claremont, NH 03743
☎ 603-542-7744

[River Valley Community College-Lebanon](#)

15 Hanover St.
Lebanon, NH 03766
☎ 603-443-4200

[Southern New Hampshire University](#)

2500 North River Rd.
Manchester, NH 03106
☎ 800-668-1249

[Thayer School of Engineering at Dartmouth](#)

14 Engineering Dr.
Hanover, NH 03755
☎ 603-646-2606

[Tuck School of Business at Dartmouth](#)

100 Tuck Hall
Hanover, NH 03755
☎ 603-646-8825

[University of New Hampshire](#)

Durham, NH 03824
☎ 603-862-1234

[Upper Valley Educators Institute](#)

194 Dartmouth College Hwy.
Lebanon, NH 03766
☎ 603-678-4888

[Vermont Tech](#)

124 Admin Dr.
Randolph Center, VT 05061
☎ 877-337-7116

High Schools

[Hanover High School](#)

41 Lebanon St.
Hanover, NH 03755
☎ 603-643-3431

[Hartford Area Career & Technology Center](#)

1 Gifford Rd.
White River Junction, VT 05001
☎ 802-295-8630

[Hartford High School](#)

37 Highland Ave.
White River Junction VT 05001
☎ 802-295-8610

[Kearsarge Regional High School](#)

457 North Rd.
North Sutton, NH 03260
☎ 603-927-4261

[Kimball Union Academy](#)

7 Campus Center Dr.
Meriden, NH 03770
☎ 603-469-2000

[Lebanon High School](#)

195 Hanover St.
Lebanon, NH 03766
☎ 603-448-2055

[Ledyard Charter School](#)

39 Hanover St.
Lebanon, NH 03766
☎ 603-727-4772

[Mascoma Valley Regional High School](#)

27 Royal Rd.
Canaan, NH 03741
☎ 603-632-4308

[Rivendell Academy](#)

2972 Rte. 25A
Orford, NH 03777
☎ 603-353-4321

[The Sharon Academy](#)

205 Academy Dr.
Sharon, VT 05065
☎ 802-763-2500

[Sunapee Middle High School](#)

10 North Rd.
Sunapee, NH 03782
☎ 603-763-5615

[Thetford Academy](#)


PO Box 190
Thetford, VT 05075
☎ 802-785-4805

[Windsor High School](#)


127 State St.
Windsor, VT 05089
☎ 802-674-6344

Hotels


[Align Inn Vermont](#)

5817 Woodstock Rd.
Quechee, VT 05059
 802-295-7600


[Best Western](#)

45 Airport Rd.
West Lebanon, NH 03784
 603-298-8888


[Comfort Inn](#)

56 Ralph Lehman Dr.
White River Junction, VT 05001
 802-295-3051


[Courtyard by Marriott](#)

10 Morgan Dr.
Lebanon, NH 03766
 603-643-5600


[Fireside Inn & Suites](#)

25 Airport Rd.
West Lebanon, NH 03784
 603-298-5900


[Hampton by Hilton](#)

104 Ballardvale Dr.
White River Junction, VT 05001
 802-296-2800


[Hanover Inn](#)

Two E. Wheelock St.
Hanover, NH 03755
 603-643-4300


[Hilton Garden Inn](#)

35 N. Labombard Rd.
Lebanon, NH 03766
 603-448-3300


[Holiday Inn Express](#)

121 Ballardvale Dr.
White River Junction, VT 05001
 802-299-2700


[Hotel Coolidge](#)

39 South Main St.
White River Jct, VT 05001
 802-295-3118


[Lake Morey Resort](#)

82 Clubhouse Rd.
Fairlee, VT 05045
 800-423-1211


[Norwich Inn](#)

325 Main St.
Norwich, VT 05055
 802-649-1143


[Quality Inn](#)

135 Rte. 120
Lebanon, NH 03766
 603-448-5070


[Quechee Inn at Marshland Farms](#)

1119 Quechee Main St.
Quechee, VT 05059
 802-295-3133


[Residence Inn by Marriott](#)

32 Centerra Parkway
Lebanon, NH 03766
 603-643-4511


[Six South Street Hotel](#)

6 South St.
Hanover, NH 03755
 603-643-0600

[The Lyme Inn](#)


1 Market St.
Lyme, NH 03768
 603-795-4824

[Woodstock Inn & Resort](#)


14 The Green
Woodstock, VT 05091
 800-448-7900

Laundromats


[Laundry@195](#)

195 Mechanic Street
Lebanon, NH 03766
 802-266-1379


[The Laundry Spa](#)

2 Mascoma St.
Lebanon, NH 03766
 603-448-6600

[Squeechee Clean](#)

6990 Woodstock Rd.
Quechee, VT 05059
 802-291-6109

[Suds Your Duds](#)

1182 Us Route 4
Canaan, NH 03741
 603-523-2226

[White River Laundromat](#)

457 Hartford Ave.
White River Jct., VT 05001


[The Wash Cycle Laundromat](#)

446 US-5
Fairlee, VT 05045



LGBTQ Resources

[Equality Health Center](#)


 603-225-2739

[NAMI New Hampshire](#)


[New Hampshire Freedom to Marry](#)

 Facebook


[PFLAG New Hampshire](#)

 603-856-4040

[Pride Center of Vermont](#)

 802-860-7812

[Transgender Health Program at DHMC](#)

 603-650-8089

[Transgender New Hampshire](#)

[Upper Valley Rainbow Connection](#)



Libraries

[Abbott Library](#)

11 Soonipi Circle
Sunapee, NH 03782
☎ 603-763-5513

[Canaan Town Library](#)

1173 U.S. Route 4
Canaan, NH 03741
☎ 603-523-9650

[Converse Free Library](#)

38 Union St.
Lyme, NH 03768
☎ 603-795-4622

[Dunbar Free Library](#)

401 NH-10
Grantham, NH 03753
☎ 603-863-2172

[Enfield Public Library](#)

23 Main St.
Enfield, NH 03748
☎ 603-632-7145

[Etna Library](#)

130 Etna Rd.
Etna, NH 03750
☎ 603-643-3116

[Fiske Free Library](#)

108 Broad St
Claremont, NH 03743
☎ 603-542-7017

[Howe Library](#)

13 South St.
Hanover, NH 03755
☎ 603-643-4120

[Kilton Public Library](#)

80 Main St.
West Lebanon, NH 03784
☎ 603-448-8544

[Lebanon Library](#)

9 East Park St.
Lebanon, NH 03766
☎ 603-448-2459

[Libbie Cass Library](#)

2748 Main St.
Springfield, NH 03284
☎ 603-763-4381

[Meriden Library](#)

22 Bean Rd.
Meriden, NH 03770
☎ 603-469-3252

[Newbury Library](#)

933 NH Rte 103
Newbury, NH 03255
☎ 603-763-5803

[Norman Williams Public Library](#)

10 The Green
Woodstock, VT 05091
☎ 802-457-2295

[Norwich Public Library](#)

368 Main St.
Norwich, VT 05055
☎ 802-649-1184

[Peabody Library](#)

7922 VT-113
Post Mills, VT 05058
☎ 802-333-9724

[Philip Read Memorial Library](#)

1088 Route 12A
Plainfield, NH 03781
☎ 603-675-6866

[Quechee Library](#)

1957 Quechee Main St.
Hartford, VT 05047
☎ 802-295-1232

[Richards Free Library](#)

58 N Main St.
Newport, NH 03773
📞 603-863-3430

[Tracy Memorial Library](#)

304 Main St.
New London, NH 03257
📞 603-526-4656

[West Fairlee Library](#)

894 VT Route 113, Unit 3
West Fairlee, VT 05083
📞 802-333-3502

[Wilder Club & Library](#)


78 Norwich Ave.
Wilder, VT 05088
📞 802-295-6341






Middle Schools


[Cardigan Mountain School](#)

62 Alumni Dr.
Canaan, NH 03741
 603-523-4321

[Crossroads Academy](#)

95 Dartmouth College Hwy.
Lyme, NH 03768
 603-795-3111


[Frances C. Richmond Middle School](#)

63 Lyme Rd.
Hanover, NH 03755
 603-643-6040


[Hartford Memorial Middle School](#)

245 Highland Ave.
White River Junction, VT 05001
 802-295-8640


[Indian River School](#)

45 Royal Rd.
Canaan, NH 03741
 603-632-4357


[Kearsarge Regional Middle School](#)

32 Gile Pond Rd.
North Sutton, NH 03260
 603-927-2100


[Lebanon Middle School](#)

3 Moulton Ave.
Lebanon, NH 03766
 603-448-3056


[Plainfield School](#)

92 Bonner Rd.
Meriden, NH 03770
 603-469-3250


[Sunapee Middle High School](#)

10 North Rd.
Sunapee, NH 03782
 603-763-5615

[The Lyme School](#)

35 Union St.
Lyme, NH 03768
 603-795-2125

[Thetford Academy](#)

304 Academy Rd.
Thetford, VT 05075
 802-785-4805

Movers

**Ask for your DH Employee Discount*

AG Self Storage

1299 VT-14
White River Junction, VT 05001
📞 802-347-6420

Allen and Coles*

Nationwide
📞 207-504-5080

AllServe Self-Storage of Wilder

56 Kacey Dr.
Wilder, VT 05088
📞 802-296-7867

Connecticut River Moving

Britton Lane
Lyme, NH 03768
📞 603-236-2993

Custom Moving & Storage

41 Interchange Dr.
West Lebanon, NH 03784
📞 603-298-5926

Daniels Moving Specialists

254 Dartmouth College Hwy
Lebanon, NH 03766
📞 603-448-1631

Hanover Transfer & Storage

82 Benning St.
West Lebanon, NH 03784

Humboldt Storage & Moving*

Nationwide
📞 781-401-3358

Lebanon Self Storage

227 Mechanic St.
Lebanon, NH 03766
📞 603-448-4203

Mason Moving & Storage

38 Spencer St.
Lebanon, NH 03766
📞 603-727-9213



Movie Theaters & Theaters

Claremont Cinema 6

345 Washington St.
Claremont, NH 03743
☎ 603-543-8910

Entertainment Cinemas

390 Miracle Mile
Lebanon, NH 03766
☎ 603-448-1037

Fairlee Drive-In

1809 US Route 5 N.
Fairlee, VT 05045
☎ 603-667-1194

Hopkins Center

4 East Wheelock St.
Hanover, NH 03755
☎ 603-646-2422

JAG Productions

35 Railroad Row, Suite 402
White River Junction, VT 05001
☎ 802-332-3270

Lebanon Opera House

51 N. Park St.
Lebanon, NH 03766
☎ 603-448-0400

New London Barn Playhouse

84 Main St.
New London, NH 03257
☎ 603-526-6710

Northern Stage

76 Gates St.
White River Junction, VT 05001
☎ 802-296-7000

Nugget Theater

57 S. Main St.
Hanover, NH 03755
☎ 603-643-2769

Opera North

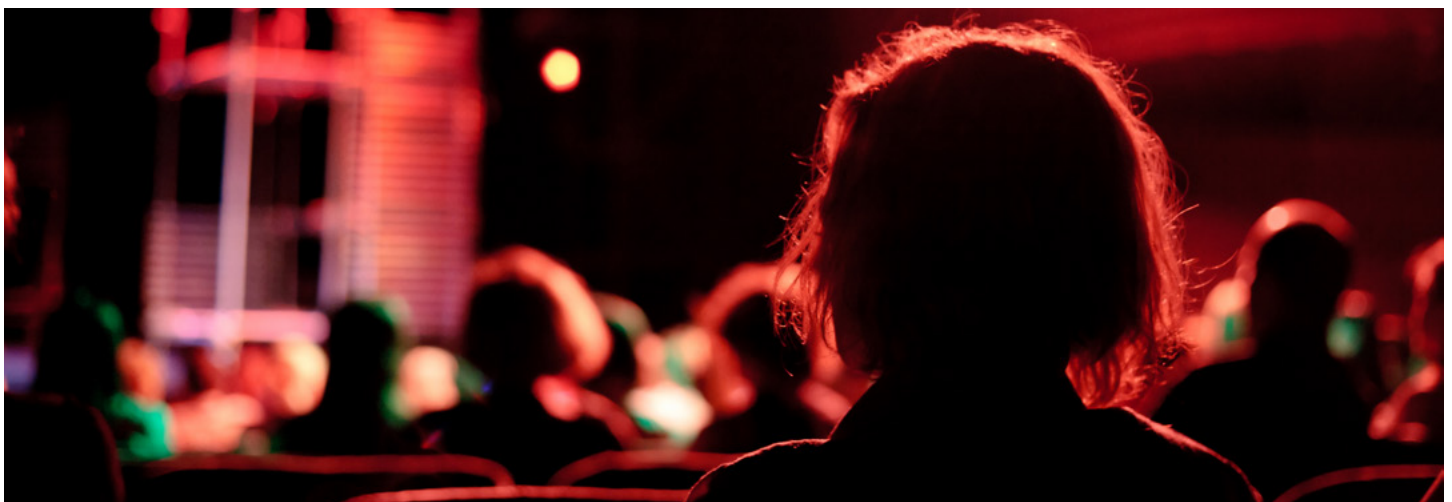
20 West Park St.
Lebanon, NH 03766
☎ 603-448-4141

Shaker Bridge Theatre

5 S. Main St.
White River Junction, VT 05001
☎ 802-281-6848

Woodstock Town Hall Theatre

31 The Grn.
Woodstock, VT 05091
☎ 802-457-3981



Museums

[American Precision Museum](#)

196 Main Street
Windsor, VT 05089
☎ 802-674-5781

[Billings Farm & Museum](#)

69 Old River Road
Woodstock, VT 05091
☎ 802-457-2355

[Children's Museum of NH](#)

6 Washington St.
Dover, NH 03820
☎ 603-742-2002

[Currier Museum of Art](#)

150 Ash St.
Manchester, NH 03104
☎ 603-669-6144

[Dog Mountain](#)

143 Parks Road
St. Johnsbury, VT 05819
☎ 800-449-2580

[ECHO, Leahy Center for Lake Champlain](#)

1 College Street
Burlington, VT 05401
☎ 802-864-1848

[Enfield Shaker Museum](#)

447 NH Route 4A
Enfield, NH 03748
☎ 603-632-4346

[Fairbanks Museum & Planetarium](#)

1302 Main Street
St. Johnsbury, VT 05819
☎ 802-748-2372

[Fort at No. 4](#)

267 Springfield Rd., Route 11
Charlestown, NH 03603
☎ 603-826-5700

[Hood Museum of Art](#)

6 E. Wheelock St.
Hanover, NH 03755
☎ 603-646-2808

[John Hay Estate at the Fells](#)

456 NH-103A
Newbury, NH 03255
☎ 603-763-4789

[Main Street Museum](#)

58 Bridge St.
White River Junction, VT 05001
☎ 802-356-2776

[McAuliffe-Shepard Discovery Center](#)

2 Institute Dr.
Concord, NH 03301
☎ 603-271-7827

[Montshire Museum](#)

One Montshire Rd.
Norwich, VT 05055
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[Mt. Kearsarge Indian Museum](#)

18 Highlawn Rd.
Warner, NH 03278
☎ 603-456-2600

[Saint-Gaudens](#)

139 Saint Gaudens Rd.
Cornish, NH 03745
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[See Science Center](#)

200 Bedford St.
Manchester, NH 03101
☎ 603-669-0400

[The Center at Keene](#)

149 Emerald Street Unit C
Keene, NH
☎ 603-903-1800

[VINS Nature Center](#)

149 Natures Way
Quechee, VT 05059
☎ 802-359-5000

[Wonderfeet Kids Museum](#)

66 Merchants Row
Rutland, VT 05701
☎ 802-282-2678






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 603-863-3700


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 800-776-7263

Young's Propane

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298 Plainfield Rd.
West Lebanon, NH 03784
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[Lake Morey Resort](#)

82 Clubhouse Rd.
Fairlee, VT 05045
☎ 800-423-1211

[Storrs Pond Recreation Area](#)

59 Oak Hill Dr.
Hanover, NH 03755
☎ 603-643-2134

[Upper Valley Rowing Foundation](#)

Connecticut River
Hanover, NH 03755
uppervalleyrc@gmail.com

[Upper Valley Rugby](#)

75 Bank St.
Lebanon, NH 03766
uppervalleyrugby@gmail.com

[UV Running Club](#)

51 North Park St.
Lebanon, NH 03766
☎ 603-715-4053

[Upper Valley Trails Alliance](#)

326 Main St.
Norwich, VT 05055
☎ 802-649-9075

[Willow Brook Farm](#)


462 Willow Brook Rd.
Plainfield, NH 03781
☎ 603-510-0030






Outlets


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21 Essex Way
Essex, VT 05452
 802-878-4200


Freeport Village

One Freeport Village Station
Freeport, ME 04032
 617-733-4005


Manchester Designer Outlets

97 Depot St.
Manchester Ctr., VT 05255
 802-362-3736, ext. 300


Merrimack Premium Outlets

80 Premium Outlets Blvd.
Merrimack, NH 03054
 603-424-0050

Settlers Green

2 Common Ct
North Conway, NH 03860
 603-356-7031

Tanger Outlet Tilton

120 Laconia Rd.
Tilton, NH 03276
 603-286-7880

Pharmacies

CVS

79 South Main St.
Hanover, NH 03755
☎ 603-643-3178

CVS

250 Plainfield Rd.
West Lebanon, NH 03784
☎ 603-298-8350

Dartmouth Health Pharmacy at Centerra (24 hours)

12 Centerra Pkwy.
Lebanon, NH 03766
☎ 603-653-3785

Hannaford Pharmacy

8 Market St.
West Lebanon, NH 03784
☎ 603-298-6642

Price Chopper

285 North Plainfield Rd. #1
West Lebanon, NH 03784
☎ 603-298-9680

Price Chopper

370 Miracle Mile
Lebanon, NH
☎ 603-448-3753

Rite Aid

Power House Plaza 10 Benning St.
West Lebanon, NH 03784
☎ 603-298-7828

Walgreens

Colonial Plaza 3 Airport Rd.
West Lebanon, NH 03784
☎ 603-298-5796

Walmart

285 Plainfield Rd.
West Lebanon, NH 03784
☎ 603-298-5060





Plumbers

[ARC Mechanical Contractors](#)

1 Mechanic St.
Lebanon, NH 03766
📞 603-443-6111

[Dickinson & Son Inc](#)

22 Greensboro Rd.
Etna, NH 03750
📞 603-643-4333

[Eugene Boisvert Plumbing & Heating](#)

105 North Main St.
West Lebanon, NH 03784
📞 603-298-6888

[J&B Plumbing & Heating](#)

50 Greensboro Rd.
Hanover, NH 03755
📞 603-643-5770

[Jerm's Plumbing & Heating LLC](#)

7 Central Ave.
West Lebanon, NH 03784
📞 802-649-7317

[M.E. Pierce Plumbing & Heating](#)

31 Daisy Hill Rd.
Lebanon, NH 03766
📞 603-448-4122

[Martin's Mechanical Plumbing and Heating](#)

1165 Shaker Hill Rd.
Enfield, NH 03748
📞 603-632-5862

[Ottauquechee Plumbing & Heating](#)

445 Woodstock Rd.
Woodstock, VT 05091
📞 802-457-1795

Police/Fire/EMS – Call 911 in an emergency!

Hanover Police

46 Lyme Rd.
Hanover, NH 03755
☎ 603-643-2222

Lebanon Police

36 Poverty Ln.
Lebanon, NH 03766
☎ 603-448-1212

Enfield Police

19 Main St.
Enfield, NH 03748
☎ 603-632-7501

Hanover Fire

48 Lyme Rd.
Hanover, NH 03755
☎ 603-643-3424

Lebanon Fire

12 S. Park St.
Lebanon, NH 03766
☎ 603-448-8810

Enfield Fire

25 Union St.
Enfield, NH 03748
☎ 603-632-4332

Canaan Police

52 Route 118
Canaan, NH 03741
☎ 603-523-7400

Hartford Police

812 VA Cutoff Rd.
White River Jct., VT 05001
☎ 802-295-9425

Norwich Police

10 Hazen St.
Norwich, VT 05055
☎ 802-649-1460

Canaan Fire

62 Route 118
Canaan, NH 03741
☎ 603-523-4850

Hartford Fire

812 VA Cutoff Rd.
White River Jct., VT 05001
☎ 802-295-3232


Norwich Fire

11 Firehouse Ln.
Norwich, VT 05055
☎ 802-649-1133




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3 Lebanon St., Ste. 6
Hanover, NH 03755
 603-653-8490


[Berkshire Hathaway Verani Realty](#)

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Hanover, NH 03755
 603-643-8822


[Black House Real Estate](#)

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 603-678-8056


[Coldwell Banker Lifestyles](#)

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Hanover, NH 03755
 866-369-0082


[Four Seasons Sotheby's International Realty](#)

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Hanover, NH 03755
 603-643-6070

[Housing Solutions Real Estate, LLC](#)

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Lebanon, NH 03766
 603-643-4800


[Linde Mac Real Estate](#)

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Hanover, NH 03777
 603-643-4900


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White River Junction, VT 05001
 802-296-2600


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Hanover, NH 03755
 603-643-6004


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35 South Main St.
Hanover, NH 03755
 603-643-0599


[Susan Cole Real Estate](#)

162 Mechanic St. #1
Lebanon NH
 603-448-4500


[The Clerkin Agency, PC](#)

565 Maple Street
White River Junction, VT 05001
 802-295-1355

[Town & Country Realty Associates](#)


26 Tremont Street
Claremont, NH 03743
 800-542-5188

[Vanessa Stone Real Estate, LLC](#)


195 Mechanic St.
Lebanon, NH 03766
 603-727-9153

Restaurants


[110 Grill](#)

250 N. Plainfield Rd.
West Lebanon, NH 03784
 603-790-8228


[20 Hands](#)

330 US-4
Enfield, NH 03748
 603-632-9400


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10 Benning St.
West Lebanon, NH 03784
 603-298-6991


[Applebee's](#)

280 Plainfield Rd.
West Lebanon, NH 03784
 603-298-8608


[Ariana's Restaurant](#)

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Lyme, NH 03768
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Hanover, NH 03755
 603-643-2007


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 603-643-0202


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 603-790-8373

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Brownsville, VT 05037
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Hanover, NH 03755
 603-643-2966


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 802-295-5622

[Canaan Village Pizza](#)

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Canaan, NH 03741
 603-523-4314


[Cantore's Pizza](#)

1 Glen Rd #14
West Lebanon, NH 03784
 603-298-7775


[Carpenter and Main](#)

326 Main St.
Norwich, VT 05055
 802-649-2922

[Chef Brad's Crazy Side](#)

1 Quechee Main St.
Quechee, VT 05059
 802-295-6400

[Chili's](#)

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 603-298-0335



[Common Man Restaurant Claremont](#)

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Claremont, NH 03743
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[Dunk's Sports Grill](#)

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☎ 603-277-9102

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West Lebanon NH 03784
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[Harpoon Brewery and Beer Garden](#)

336 Ruth Carney Dr.
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[Jake's Coffee Company](#)

227 Mechanic St.
Lebanon, NH 03766
☎ 603-442-9522

[Jesse's Steakhouse](#)

224 Lebanon St.
Hanover, NH 03755
☎ 603-643-4111

[Jewel of India](#)

11 Lebanon St.
Hanover, NH 03755
☎ 603-643-2217

[Koto Japanese Restaurant](#)

288 Plainfield Rd.
West Lebanon, NH 03784
☎ 603-298-2925

[Lalo's Taqueria](#)

24 Hanover St.
Lebanon, NH 03766
☎ 603-727-9327

[Lebanon Village Pizza](#)

45 Hanover St.
Lebanon, NH 03766
☎ 603-448-2772

[Lou's Restaurant & Bakery](#)

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Hanover, NH 03755
☎ 603-643-3321

[Lucky's Coffee Garage](#)

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[Lui Lui's](#)

8 Glen Rd. #11
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☎ 603-298-7070

[Marsh Brothers Deli](#)

55 School St.
Lebanon, NH 03766
☎ 603-727-9329

[Moe's Southwest Grill](#)

250 N. Plainfield Rd.
West Lebanon, NH 03784
☎ 603-790-8222

[Molly's](#)

43 South Main St.
Hanover, NH 03755
☎ 603-643-2570

[Murphy's on the Green](#)

11 S. Main St.
Hanover, NH 03755
☎ 603-643-4075

[My Brigadeiro](#)

33 S. Main St.
Hanover, NH 03755
☎ 603-277-2187

[New Thailand Cuisine](#)

103 Hanover St.
Lebanon, NH 03766
☎ 603-678-8241

[Norwich Inn](#)

325 Main St.
Norwich, VT
☎ 802-649-1143

[Panera Bread](#)

267 N Plainfield Rd.
West Lebanon, NH 03784
☎ 603-298-9838

[Peking Tokyo](#)

45 Hanover St.
Lebanon, NH 03766
☎ 603-448-3888

[Phnom Penh Sandwich Station](#)

(Pick Up)
1 High St.
Lebanon, NH 03766
☎ 603-678-8179

(Dine In)
7 North Main St.
White River Junction, VT 05001
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[Pine Restaurant](#)

Two East Wheelock St.
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☎ 603-646-8000

[Poor House Bar-B-Cue](#)

1177 US Route 4A
Canaan, NH 03741
☎ 603-523-2116

[Poor Thom's Tavern](#)

19 Bean Rd.
Plainfield, NH 03781
☎ 603-469-3400

[Quechee Pizza Chef](#)

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9 South St.
Hanover, NH 03755
☎ 603-643-9500

[Ramunto's Brick Oven Pizza](#)

71 Broad St.
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☎ 603-542-9107

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☎ 603-523-2062

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☎ 603-448-4532

[Salt Hill](#)

58 Main St.
Newport, NH
☎ 603-863-7774

[Salt Hill Shanty](#)

1407 Rt. 103
Newbury, NH 03255
☎ 603-763-2667

[Sawtooth Kitchen, Bar and Stage](#)

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☎ 603-298-6918

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1760 Quechee Main St.
Quechee, VT 05059
☎ 802-295-1470

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Quechee, VT 05001
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☎ 603-643-4882

[Starbucks-West Lebanon](#)

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☎ 603-298-0215

[Starbucks-Target W. Leb.](#)

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☎ 603-676-7846

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Hanover, NH 03755
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☎ 802-698-8849

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70 Hanover St.
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☎ 603-448-0320

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151 Heater Rd.
Lebanon, NH 03766
☎ 603-448-5512

[The Nest Kitchen and Cafe](#)

57 South Main St., Suite 101
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5813 Woodstock Rd.
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☎ 802-295-8500

[Three Tomatoes Trattoria](#)

1 Court St.
Lebanon, NH 03766
☎ 603-448-1711

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85 N. Main St.
White River Junction, VT 05001
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5945 Woodstock Rd.
Quechee VT 05059
☎ 802-281-3208

[Tuckerbox](#)

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White River Junction, VT 05001
☎ 802-359-4041

[Tuk Tuk Thai Cuisine](#)

5 South Main St.
Hanover, NH 03755
☎ 603-277-9192

[Tuk Tuk Thai Cuisine](#)

12 S. Main St.
West Lebanon, NH 03784
☎ 603-448-6776

[Umpleby's Bakery and Café](#)

3 South St.
Hanover, NH 03755
☎ 603-643-3030

[Weathervane Seafood Restaurant](#)

267 N Plainfield Rd.
West Lebanon, NH 03784
☎ 603-298-7805

[Worthy Burger](#)

56 Rainbow St.
South Royalton, VT 05068
☎ 802-763-2575

[Worthy Kitchen](#)

442 Woodstock Rd.
Woodstock, VT
☎ 802-457-7281

[Yama](#)

96 Main St.
West Lebanon, NH 03784
☎ 603-298-5477

[Ziggy's Pizza-West Lebanon](#)

254 Plainfield Rd.
West Lebanon, NH 03784
☎ 603-790-8277

[Ziggy's Pizza-Enfield](#)

505 US-4
Enfield, NH 03748
☎ 603-632-1388

Salons and Spas

[Belleza Beauty Salon](#)

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West Lebanon, NH 03784
☎ 603-298-7630

[Bob's Barber Shop](#)

Main Street
Windsor, VT 05089
☎ 802-674-2648

[Christian Roy's Salon](#)

88 Prospect St.
White River Junction, VT 05001
☎ 802-295-3900

[European Face and Body Studio](#)

70 South Main St.
Hanover, NH 03755
☎ 603-277-9075

[Expectations Salon & Spa](#)

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☎ 603-298-7900

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4 Slayton Hill Rd.
Lebanon, NH 03766
☎ 603-448-5358

[James Olin Salon](#)

Colonial Plaza, 5 Airport Rd., Suite 8
West Lebanon, NH 03784
☎ 603-790-8024

[Just Paradise](#)

89 S. Main St.
West Lebanon, NH 03784
☎ 603-448-1244

[Just Threading, Threading Hair Removal](#)

116 Merchants Row
Rutland, VT 05701
☎ 802-342-1059

[Lebanon Barber Shop](#)

24 Hanover St.
Lebanon, NH 03766
☎ 603-448-2889

[Maven](#)

34 Main St., #1
Hanover, NH 03755
☎ 603-643-1244

[Split Ends](#)

103 Hanover St., Ste. 17
Lebanon, NH 03766
☎ 603-678-8255

[Strong House Spa](#)

694 Main St.
Quechee, VT 05059
☎ 802-295-1718

[Supercuts](#)

200 S. Main St., Unit 9
West Lebanon, NH 03784
☎ 603-298-8320

[The Barber Todd, LLC, Custom Fades & Hair Art](#)

17 Court St.
Montpelier, VT 05602
☎ 802-353-0391

[The People's Barber](#)

44 Main St.
Hanover, NH 03755
☎ 603-277-9868

[Touch by Sofie Hair Braids Beauty Bar](#)

55 Hanover St., Unit 1
Lebanon, NH 03766
☎ 603-443-2603

[Vanessa's Salon](#)

254 Plainfield Rd.
West Lebanon, NH 03784
☎ 603-298-7769

[Vivo Salon and Day Spa](#)

119 Mechanic St.
Lebanon, NH 03766
☎ 603-448-5888

[You're Beautiful Salon & Day Spa](#)

1192 US Rte. 4, Unit 5E
Canaan, NH 03741
☎ 603-523-7415


[Woodstock Inn & Spa](#)

14 The Green
Woodstock, VT 05091
☎ 802-457-6697




Ski Areas


[Bromley Mountain](#)

3984 Vermont Route 11
Peru, VT 05152
 802-824-5522


[Dartmouth Skiway](#)

39 Grafton Turnpike
Lyme Center, NH 03769
 603-795-2143


[Jay Peak](#)

830 Jay Peak Rd.
Jay, VT 05859
 802-988-2611


[Killington](#)

4763 Killington Rd.
Killington, VT 05751
 800-734-9435


[Mad River Glen](#)

57 Schuss Pass Rd.
Waitsfield, VT 05673
 802-496-3551


[McIntyre Ski Area](#)

50 Chalet Way
Manchester, NH 03104
 603-622-6159


[Mount Sunapee](#)

1398 Route 103
Newbury, NH 03255
 603-763-3500


[Okemo](#)

77 Okemo Ridge Rd.
Ludlow, VT 05149
 802-228-1600


[Pat's Peak](#)

686 Flanders Rd.
Henniker, NH 03242
 888-728-7732

[Quechee Ski Area](#)

3268 Quechee Main St.
Quechee, VT 05059
 802-295-9356


[Ragged Mountain](#)

620 Ragged Mountain Rd.
Danbury, NH 03230
 603-768-3600


[Saskadena Six](#)

247 Stage Rd.
South Pomfret, VT 05067
 888-338-2745


[Smugglers Notch](#)

4323 VT Route 108 South
Jeffersonville, VT 05464
 800-419-4615

[Storrs Hill Ski Area](#)

60 Spring St.
Lebanon, NH 03766
 603-448-4409


[Stowe Mountain](#)

7231 Mountain Rd.
Stowe, VT 05672
 802-253-3000


[Stratton Mountain](#)

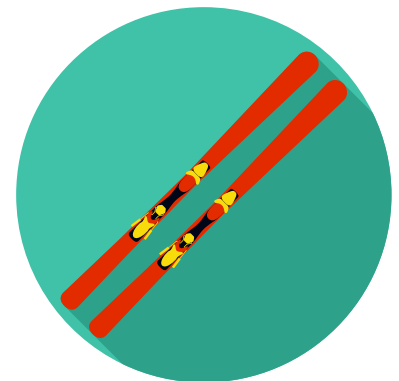
5 Village Lodge Rd.
Stratton Mountain, VT 05155
 800-787-2886

[Sugarbush](#)

102 Forrest Dr.
Warren, VT 05674
 802-552-4007

[Whaleback](#)


160 Whaleback Mountain Rd.
Enfield, NH 03748
 603-448-5500





Sports Teams

[Dartmouth College Athletics](#)

Alumni Gym Rm 112
Hanover, NH 03755
 603-646-2466

[Upper Valley Nighthawks](#)

Maxfield Sports Complex
120 Lesle Dr.
White River Jct., VT 05001

[New Hampshire Fisher Cats](#)

Northeast Delta Dental Stadium
1 Line Dr.
Manchester, NH 03101
 603-641-2005

Veterinary Services

[Cardigan Veterinary Clinic](#)

200 US Route 4
Canaan, NH 03741
☎ 603-632-7500

[Hanover Veterinary Clinic](#)

391 North Main St.
West Lebanon, NH 03784
☎ 603-643-3313

[Lyme Veterinary Hospital](#)

48 High St.
Lyme, NH 03768
☎ 603-795-2747

[Norwich Regional Animal Hospital](#)

13 Foggs Farm Rd.
White River Junction, VT 05001
☎ 802-296-2273

[River Road Veterinary Clinic](#)

445 US 5 N.
Norwich, VT 05055
☎ 802-649-3877

[Riverbend](#)

7 River Rd.
Plainfield, NH 03781
☎ 603-298-8381

[Small Animal Veterinary Emergency Services \(SAVES\)](#)

63 Evans Dr.
Lebanon, NH 03766
☎ 603-306-0007

[Stonecliff Animal Clinic](#)

227 Mechanic St.
Lebanon, NH 03766
☎ 603-448-2611

[Stoney Brook Veterinary Hospital](#)

88 Riverside Dr.
Lebanon, NH 03766
☎ 603-448-4448

[Upper Valley Veterinary Services/Animal Medical Center of the Upper Valley](#)

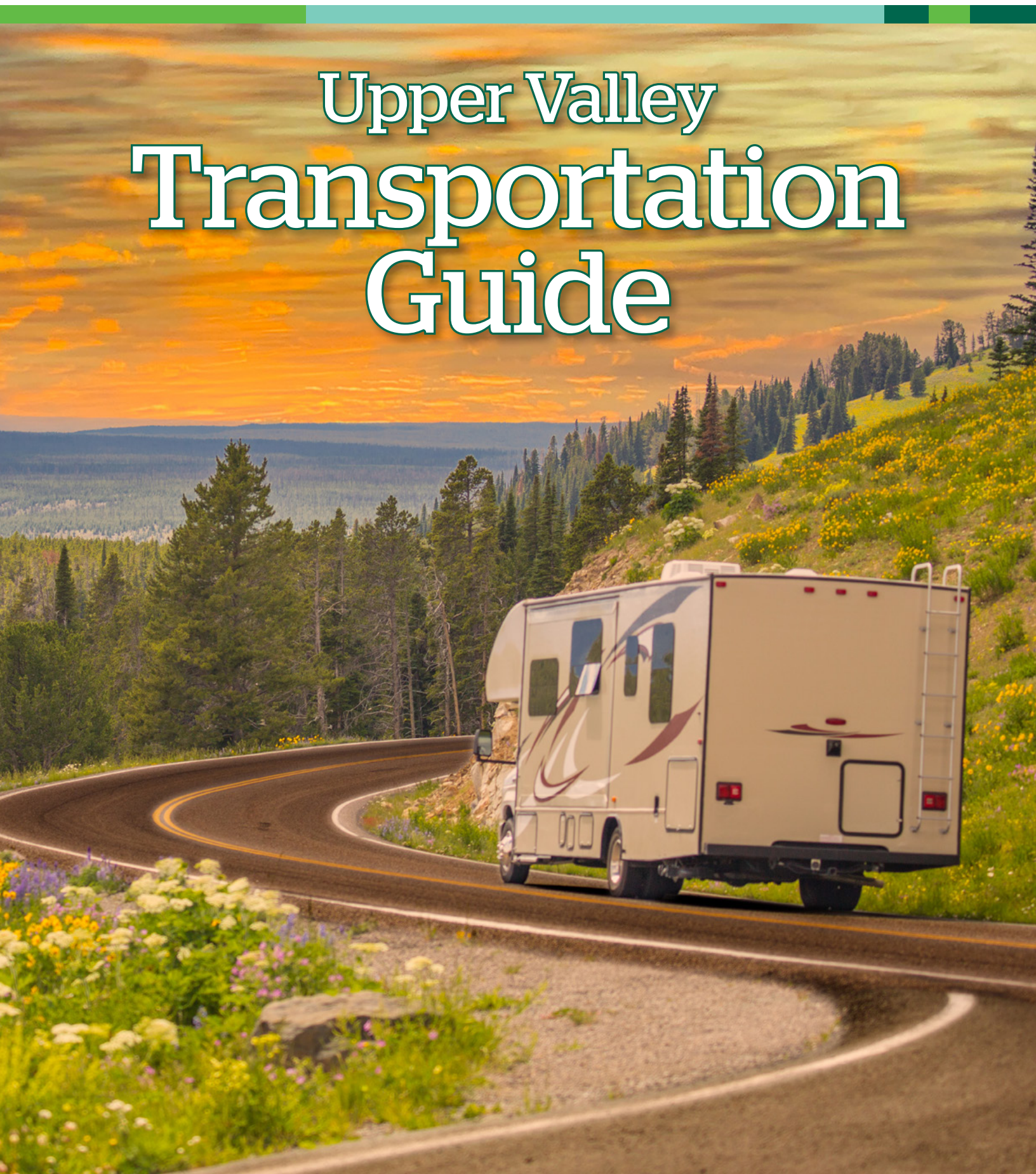
77 Etna Rd.
Lebanon, NH 03766
☎ 603-448-3534

[Veremedy Pet Hospital](#)

829 Hartford Ave.
White River Junction, VT 05001
☎ 802-295-6900



Upper Valley Transportation Guide



Upper Valley Transportation Guide

Welcome to the Upper Valley! We hope you find this guide helpful.

You can click on a category below to jump to that section!

- 1. Airports**
- 2. Auto Dealers**
- 3. Buses**
- 4. Commuter Services, Taxis & Shuttles**
- 5. DMVs, Licensing & Car Registration**
- 6. Mechanics**
- 7. Trains**



Upper Valley Transportation Guide

Auto Dealers

Key Chrysler Dodge Jeep Ram

145 NH-120
Lebanon, NH 03766
📞 603-448-8200

Lebanon Ford

425 Miracle Mile
Lebanon, NH 03784
📞 603-448-3363

Nissan of Lebanon

51 Evans Dr.
Lebanon, NH 03766
📞 603-448-3500

Upper Valley Honda

63 Ralph Lehman Dr.
White River Junction, VT 05001
📞 802-436-2202

Volvo Volkswagen of Lebanon

175 Heater Rd.
Lebanon, NH 03766
📞 603-448-6363

White River Toyota

303 Sykes Mountain Ave.
White River Jct., VT 05001
📞 802-299-2800

White River Subaru

429 Sykes Mountain Ave.
White River Junction, VT 05001
📞 802-765-5010



Upper Valley Transportation Guide

DMVs, Licensing & Car Registration

New Hampshire Department of Motor Vehicles

- Hours and Locations
- Transferring a Driver's License from Another State
- Applying for your First License
- Vehicle Inspections and Emissions
- Vehicle Registrations

- International Registration Plan (Apportioned Plates)
- Temporary Plates
- Town/City Clerks (Municipal Agents)
- Walking Disability
- Forms and Documents

Vermont Department of Motor Vehicles

- Licenses
- Identity Documents
- Registrations
- Tax & Title

- Forms and Information
- Locations
- Town Clerks



Upper Valley Transportation Guide

Mechanics

Bergeron's Service Center

124 Dewitt Dr.
White River Junction, VT 05001
☎ 802-698-8415

Bob's Service Center

4 Ballardvale Dr.
White River Jct., VT 05001
☎ 802-295-2341

Cooperative Service Center

63 US-5 S.
Norwich, VT 05055
☎ 802-526-9103

Eastman's Auto

6 Mechanic St.
Lebanon, NH 03766
☎ 603-448-2114

Forward's Garage & Autobody

39 Riverside Dr.
Lebanon, NH 03766
☎ 603-448-4205

Jasmin Auto

60 Jasmin Ln.
White River Junction, VT 05001
☎ 802-295-7572

Midas

5 Airport Rd.
West Lebanon, NH 03784
☎ 603-755-6251

Robert's Auto Service, Inc.

258 Mechanic St.
Lebanon, NH 03766
☎ 603-448-1381

Upper Valley Automotive

675 NH 4-A
Enfield, NH 03748
☎ 603-632-5910

Wilson Tire


35 Old Etna Rd.
Lebanon, NH 03766
☎ 603-448-4541




Upper Valley Transportation Guide

Airports


[Burlington International Airport](#)

1200 Airport Dr.
South Burlington, VT 05403
 802-863-2874

[Hartford-Bradley Airport](#)

Schoephoester Road
Windsor Locks, CT 06096
 860-292-2000


[Lebanon Municipal Airport](#)

5 Airpark Rd.
West Lebanon, NH 03784
 603-298-8878

[Manchester-Boston Regional Airport](#)

1 Airport Rd.
Manchester, NH 03101
 603-624-6556


[Boston Logan Airport](#)

1 Harborside Dr.
Boston, MA 02128
 800-235-6426




Buses


[Advance Transit](#)

(Canaan, Enfield, Hanover, Hartford, Lebanon, Norwich)
P.O. Box 1027
Wilder, VT 05088
 802-295-1824


[Concord Coach Lines](#)

 800-637-0123


[Dartmouth Coach](#)

(Service from Hanover, Lebanon, and New London to
Boston and New York City)
13 Labombard Rd.
Lebanon, NH 03766
 800-637-0123

[Greyhound](#)

44 Sykes Ave.
Hartford, VT 05047
 802-698-8486


[MOOver!](#)

(I-91 Claremont to Dartmouth Health Lebanon)
 888-869-6287


[Southwestern Community Services](#)

(Claremont, Charlestown, Newport)
 800-529-0005

[Tri-Valley Transit](#)

(I-91 Wells River to Lebanon, I-89 Randolph to Lebanon)
 802-388-2287

[Vermont Translines](#)

(Rutland to Lebanon)
 844-888-7267

Upper Valley Transportation Guide

Commuter Services, Taxis & Shuttles

[Alliance Transportation Services](#) (Claremont)

Mohamed Omar

Call to Schedule:

📞 603-558-2035 or 207-766-1414

[Best Transportation LLC](#) (Claremont-Lebanon)

Richard Slattery

Call to Schedule:

📞 603-448-4004

[Big Yellow Taxi](#) (Upper Valley)

Call to Schedule:

📞 603-643-8294

[Commute Smart New Hampshire](#)

(Carpooling resources for New Hampshire)

✉ admin@commutesmartnh.org

[Currier's Courier](#) (Newport)

Alec Currier

Call to Schedule (7am-9pm):

📞 603-543-7738

[Door to Door Driving Services Co.](#) (Upper Valley)

Mark Horne, Mark Chestnut or Abigail Horne

Call to Schedule:

📞 603-448-0538 or 603-996-1522

[Enterprise Rent-A-Car](#)

📞 603-298-0218

[Go! Vermont](#)

(Carpooling resources for Vermonters)

📞 800-685-7433

[Hanover Limo](#) (Hanover)

Call to Schedule (4-5 hour advanced notice):

📞 603-298-8880

[Lyft](#) – Limited in this area

[New Aces Transportation](#) (Upper Valley)

Chuck Cramer

Call to Schedule (5am-9pm):

📞 603-448-4004

[North Country Shuttle Service](#)

345 Miracle Mile

Lebanon, NH 03766

📞 603-448-0538

[Park & Ride Lots – NH / VT](#)

(Carpooling resources for NH/VT)

[P&P's Twin State Taxi](#) (Upper Valley)

Call to Schedule:

📞 802-295-7878

[Real Time Transportation](#) (Upper Valley)

William

Call to Schedule:

📞 603-391-6000

[Uber](#) – Limited in this area

[Upper Valley Transport](#) (Upper Valley)

Joe Peterson Sr.

Call to Schedule:

📞 603-359-2117

[Zipcars](#) (Local hourly car rental)

Trains

[Amtrak](#)

102 Railroad Row

White River Junction, VT

📞 802-295-7160

Other Resources

[Vital Communities](#)

📞 802-291-9100